

Resources

GENERAL TRANSITION RESOURCES

Adolescents on the Autism Spectrum: A Parent's Guide to the Cognitive, Social, Physical and Transition Needs of Teenagers with Autism Spectrum Disorders

by Chantal Sicile-Kira

Autism & the Transition to Adulthood: Success beyond the Classroom

by Paul Wehman, Marcia Datlow Smith, Carol Schall

The Autism Transition Guide: Planning the Journey from School to Adult Life

by Carolyn Thorwarth Bruey, Psy.D., Mary Beth Urban, M.Ed.

Growing Up on the Spectrum: A Guide to Life, Love and Learning for Teens and Young Adults with Autism and Asperger's

by Lynn Kern Koegel, Ph.D., Claire LaZebnik

Guiding Your Teenager with Special Needs through the Transition from School to Adult Life: Tools for Parents

by Mary Korpi

Life's Journey Through Autism: A Guide for Transition to Adulthood

Organization for Autism Research, Southwest Autism Research and Resource Center, Danya International, Inc.

researchautism.org/resources/reading/documents/TransitionGuide.pdf

SELF-ADVOCACY

Ask and Tell: Self-Advocacy and Disclosure for People on the Autism Spectrum

edited by Stephen M. Shore, Ed.D.

The Everyday Advocate: Standing Up for Your Child with Autism

by Areva Martin, Esq.

The Integrated Self-Advocacy ISA[®] Curriculum: A Program for Emerging Self-Advocates with Autism Spectrum and Other Conditions

by Valerie Paradiz, Ph.D.

It's My Choice

by William T. Allen, Ph.D from the Minnesota Governor's Council on Developmental Disabilities

mn.gov/mnddc/extra/publications/choice/Its_My_Choice.pdf

Keeping It Real: How to Get the Supports You Need for the Life You Want

The Boggs Center on Developmental Disabilities

rwjms.umdnj.edu/boggscenter/projects/keep_real_more.html

Learning the Skills of Self-Advocacy and Disclosure

by Stephen M. Shore for Autism Spectrum Quarterly

autismtoday.com/library-back/Learning%20the%20Skills%20of%20Self%20Advocacy.pdf

**Opening Doors to Self-Determination Skills: Planning for Life after High School -
A Handbook for Students, School Counselors, Teachers and Parents**

Wisconsin Department of Public Instruction

sped.dpi.wi.gov/sites/default/files/imce/sped/pdf/tranopndrs-self-determination.pdf

Person Centered Planning Education Site

Cornell University ILR School and Employment and Disability Institute

personcenteredplanning.org

Project STIR: Steps Toward Independence and Responsibility

Carolina Institute for Developmental Disabilities

self-advocate.org

DEVELOPING INDEPENDENT LIVING SKILLS

**Keys to Successful Independent Living, Employment and a Good Social Life for
Individuals with Autism and Asperger's**

by Temple Grandin

autism.com/grandin_independence

Self-Help Skills for People with Autism: A Systematic Teaching Approach

*by Stephen Anderson, Ph.D., BCBA, Amy L. Jablonski, Psy.D., Marcus L. Thomeer, Ph.D. &
Vicki Madaus Knapp, Ph.D., BCBA*

TRANSITION AND THE IEP

The IEP from A to Z: How to Create Meaningful and Measurable Goals and Objectives

by Diane Twachtman-Cullen, Jennifer Twachtman-Bassett

Individuals with Disabilities Education Act

idea.ed.gov

Individualized Education Program (IEP): Summary, Process and Practical Tips

developed by Goodwin Procter LLP for Autism Speaks

autismspeaks.org/family-services/tool-kits/iep-guide

Transition to Adulthood

Center for Parent Information and Resources

parentcenterhub.org/repository/transitionadult

LEGAL MATTERS TO CONSIDER

Academy of Special Needs Planners
specialneedsanswers.com

BEST: Benefit Eligibility Screening Tool
ssabest.benefits.gov

Centers for Medicare & Medicaid Services
cms.gov

Home & Community-Based Services Clearinghouse
hcbs.org

Legal Guidelines for the Autism Community
developed by Goodwin Procter LLP for Autism Speaks
autismspeaks.org/sites/default/files/documents/family-services/gp_legal_guidelines.pdf

Letter of Intent
child-autism-parent-cafe.com/letter-of-intent.html

The Medicaid Reference Desk: Your Source for State Medicaid Information
thedesk.info

National Association of Councils on Developmental Disabilities
nacdd.org

Understanding Medicaid Home and Community Services: A Primer
U.S. Department of Health and Human Services
aspe.hhs.gov/understanding-medicaid-home-and-community-services-primer-2010-edition

U.S. Social Security Administration
ssa.gov

COMMUNITY LIVING

Autism Speaks Autism Safety Project
autismspeaks.org/safety

Easter Seals Project ACTION: Training, an Online Community and Resources
Dedicated to Travel Training
projectaction.org/Training/TravelTraining.aspx

Recognizing and Preventing Abuse
autismspeaks.org/family-services/autism-safety-project/abuse

EMPLOYMENT AND OTHER OPTIONS

Autism Speaks Employment Tool Kit

[*autismspeaks.org/family-services/tool-kits/employment*](https://autismspeaks.org/family-services/tool-kits/employment)

An Employer's Guide to Hiring and Retaining Employees with Autism Spectrum Disorders

[*autismspeaks.org/sites/default/files/docs/employer_guide_to_hiring_and_retaining.pdf*](https://autismspeaks.org/sites/default/files/docs/employer_guide_to_hiring_and_retaining.pdf)

A Parent's Guide to Employment for Adults with Autism Spectrum Disorders

[*autismspeaks.org/sites/default/files/docs/employment_tool_kit_parent_booklet.pdf*](https://autismspeaks.org/sites/default/files/docs/employment_tool_kit_parent_booklet.pdf)

The Spectrum Careers: Jobs Portal for Individuals with Autism, Employers and Service Providers

[*thespectrumcareers.com*](https://thespectrumcareers.com)

Think Beyond the Label Jobs Portal

[*thinkbeyondthelabel.com*](https://thinkbeyondthelabel.com)

Work Support: Virginia Commonwealth University Rehabilitation Research and Training Center on Workplace Supports and Job Retention

[*worksupport.com*](https://worksupport.com)

Job Accommodation Network

[*askjan.org*](https://askjan.org)

POSTSECONDARY EDUCATIONAL OPPORTUNITIES

Autism Speaks Postsecondary Educational Opportunities Guide

[*autismspeaks.org/family-services/tool-kits/postsecondary*](https://autismspeaks.org/family-services/tool-kits/postsecondary)

AHEAD: Achieving in Higher Education

[*aheadd.org*](https://aheadd.org)

Americans with Disabilities Act Q&A: Section 504 and Postsecondary Education

[*pacer.org/publications/adaqa/504.asp*](https://pacer.org/publications/adaqa/504.asp)

College Internship Program (CIP)

[*cipworldwide.org*](https://cipworldwide.org)

Postsecondary Education Resources, Autism Speaks Resource Library

[*autismspeaks.org/family-services/resource-library/post-secondary-education-resources*](https://autismspeaks.org/family-services/resource-library/post-secondary-education-resources)

Section 504: A Guide for Parents and Educators

[*National Association of School Psychologists*](https://nationalassociationofschoolpsychologists.org)

[*nasponline.org/families/documents/35-1_S8-35_section_504.pdf*](https://nasponline.org/families/documents/35-1_S8-35_section_504.pdf)

Students with Disabilities: Preparing for Postsecondary Education – Know Your Rights and Responsibilities

U.S. Department of Education Office of Civil Rights
[2.ed.gov/about/offices/list/ocr/transition.html](https://www.ed.gov/about/offices/list/ocr/transition.html)

ThinkCollege! College Options for People with Intellectual Disabilities
thinkcollege.net

HOUSING AND RESIDENTIAL SUPPORTS

Autism Speaks Housing and Residential Supports Tool Kit
autismspeaks.org/family-services/housing-and-community-living

Autism Speaks Housing and Community Living Initiative
autismspeaks.org/advocacy/advocacy-news/housing-and-community-living-initiative

The Disability Opportunity Fund
thedof.org

HUD's Section 811 Resource Center on Supportive Housing
811resourcecenter.tacinc.org

Medicaid Home & Community Based Services
[medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Supports/Home-and-Community-Based-Services/Home-and-Community-Based-Services.html](https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Supports/Home-and-Community-Based-Services/Home-and-Community-Based-Services.html)

National Association of Residential Providers for Adults with Autism (NARPAA)
www.narpaa.org

Opening Doors: A Discussion of Residential Options for Adults Living with Autism and Related Disorders
autismcenter.org/resources

U.S. Department of Housing and Urban Development (HUD)
hud.gov

HEALTH

Autism-Asperger's and Sexuality: Puberty and Beyond
by Jerry and Mary Newport

Autism & Mental Health Issues: A Guidebook on Mental Health Issues Affecting Individuals with Autism Spectrum Disorder
card-usf.fmhi.usf.edu/docs/resources/CARD_ASDMH_Brochure092109.pdf

Girls Growing Up on the Autism Spectrum: What Parents and Professionals Should Know About the Pre-teen and Teenage Years

by Shana Nichols with Gina Marie Moravcik and Samara Pulver Tetenbaum

National Institute of Mental health

nimh.nih.gov

Sexuality and Relationship Education for Children and Adolescents with Autism Spectrum Disorders: A Professional's Guide to Understanding, Preventing Issues, Supporting Sexuality and Respond to Inappropriate Behaviors

by Davida Hartman

Taking Care of Myself: A Health Hygiene, Puberty and Personal Curriculum for Young People with Autism

by Mary J. Worbel

TECHNOLOGY

Autism Speaks Autism Apps Database

autismspeaks.org/autism-apps

Autism Expressed: Digital Skills for Adolescents with Autism

autismexpressed.com

Cyberbully411: Prevent CyberBullying & Internet Harassment

cyberbully411.org

Identifor: Use Games to Identify Strengths, Interests and Develop a Comprehensive Transition Plan

identifor.com

i-SAFE: The Leader in e-Safety Technology & Education

i-safe.org

Wrong Planet: Asperger & Autism Online Community

wrongplanet.net