## RESOURCES

### RESOURCE WEBSITES FOR COLLEGE PROGRAMS

**CollegeAutismSpectrum.com Programs for Students with Asperger Syndrome**  
A list from Higher Education and Autism Spectrum Disorders, Inc. of summer bridge, 2 year and 4 year programs for students with Autism (specifically Aspergers) Most programs detailed below.

**Lars Perner Schools for Autism**  
An index of 25 college programs detailing the services they offer to students with Autism as well as contact information and website links for the schools.

**Community College Consortium on Autism and Intellectual Disabilities**  
Advocacy website for community colleges to better serve students with Autism. Links to resources including current programs at select community colleges in the U.S. Program Spotlights highlight especially effective programs.

**Think College! College Options for People with Intellectual Disabilities**

### BRIDGE PROGRAMS FOR TRANSITION TO COLLEGE

**College Internship Program (CIP), multiple sites**  
Comprehensive post-secondary transition program for Autism, Asperger’s, ADHD, etc. Both full year and summer programs at six sites in the United States.

**Autism College and Community Life Acclimation and Intervention Model (ACCLAIM) Program of the Watson Institute (PA)**  
Four week program on a college campus for college bound students with Asperger’s and Autism focusing on therapeutic, learning, and social areas.

**Transition to Independent Living Program (TIL), Taft College (Taft, CA)**  
Standalone program for college aged students who qualify with Regional Center. 22 month program in a college setting to work towards career and independent living skills.

**University of Alabama ASD College Transition and Support Program (UA-ACTS) (Tuscaloosa, AL)**  
Transition program for admitted students with Autism diagnosis to prepare them for traditional education at UA. Three weekly mentor sessions focused on academic support, social skills, and daily living.

### STANDALONE COLLEGE PROGRAMS

**Spectrum College Transition Program (Scottsdale, AZ)**  
Residential (or day) college in AZ specifically for students with executive function deficits, asperger’s, autism, PDD-NOS where they can attend college independently while receiving targeted services.

**Wisconsin Independent Learning College (WILC) (Waterford, WI)**  
Private college for students with Autism. Specialized curriculum that focuses on Academics, Vocational support, and Independent living skills.
Drexel University Autism Support Program (DASP) (Philadelphia, PA)
Drexel offers peer mentoring (up to 5 hour per week) and Self-Advocacy and Social Skills Workshops, all of which are free and do not require disability documentation.

SEAD Program at UConn (Storrs, CT)
Weekly support from a Graduate Assistant to assist with transition and social participation and advocacy. $3,200 per semester, or reduced level $1,700 per semester.

Bridges to Adelphi Program, Adelphi University (Garden City, NY)
A supplemental support program for students at Adelphi University with neuro-social and non-verbal disorders. Students must be accepted and enrolled in Adelphi, and pay fee for service for Bridges.

College Support Program for Students with Asperger Syndrome at Marshall University (Huntington, WV)
Supplemental support program at Marshall University for students with Asperger's. For an additional program fee ($4,000/semester), they attend college with their peers but can receive full time support for academic, social, and independent living needs.

College Success Program at Eastern University (St. Davids, PA)
Supplemental support program at Eastern University for students with documented diagnosis of Asperger’s, Autism, or PDD_NOS. With additional fee of $6,500/semester, students have access to Orientation, counseling, skills and support groups, assessments, study sessions, etc.

COMPASS College-based Support for Students with Asperger’s at Fairleigh Dickinson University (Hackensack, NJ)
Supplemental support program for first two years of school at Fairleigh Dickinson for maximum of 6 students with Asperger's diagnosis. Additional fee of $6,000 per semester provides mentorship plus two hours individual academic support, one hour individual counseling, one group therapy session per week.

Asperger Initiative at Mercyhurst (AIM) Program (Erie, PA)
Supplemental program for students with Autism diagnosis.

Access Plus Program at Nova Southeastern University (Fort Lauderdale-Davie, FL)
Supplemental program for students with Autism. Additional $8,000 per semester for academic, residential, campus/social, psycho-educational, and vocational support.

Spectrum Support Program (SSP) at Rochester Institute of Technology (Rochester, NY)
Supplemental program for students with documented Autism diagnosis. Three levels of support with decreasing services over time and reduction in cost. Level 1 $1200/term, Level 2 $1000/term, Level 3 $500/term, Executive Functioning Support $400/term
**SUPPLEMENTAL COLLEGE PROGRAMS:**

**College Support Program (CSP), Rutgers University (New Brunswick, NJ)**
Supplemental program, fee $2500 per semester for students on Autism spectrum. Offers range of service including weekly meetings with coordinator, goal planning, mentorship, social events, workshops, referrals for academic support and counseling, and more.

**University of Arkansas Autism Support Program (Fayetteville, AR)**
Supplemental program for students with Autism, Asperger’s, PDD-NOS, non-verbal and some learning disabilities/ADHD. Students are fully integrated in University of Arkansas, but receive comprehensive services to help with academics, social skills, transition to adulthood, etc for a $5,000/semester fee.

**MoSAIC Program, University of Tennessee Chattanooga**
Supplemental program for students with ASD. Yearlong course focusing on functioning and social skills, in addition to social strategy activities and supervised study sessions.

**College and Circle of Support, Western Kentucky University (Kelly Autism Program) (Bowling Green, KY)**
Supplemental program for students with ASD which provides private room in residence hall, study tables with staff, and personal mentors. There is a fee of $2250 per semester to participate.

**OASIS Program, Pace University (NYC)**
Supplemental program for students with ASD, LD, NLD, etc to help them succeed at Pace University. For a fee per semester, students receive all-inclusive services including academic, vocational, social, etc. While fully integrated, students live with OASIS students freshman year, and anyone they wish after that.

**Peer Mentoring Support Program, Western New England University (Springfield, MA)**
Offers mentors to students with ASD, meeting at least once a week. Pairs create goals and individualized plans, and mentor serves as a vital resources and social support on campus.

**Achieve Degree at The Sage Colleges (online but based in NY)**
A four-year online bachelors program for “nontraditional” students such as those with ASD. Structured course program which results in a Bachelor of Arts in Liberal Studies. Students also receive up to 3 hours per week of one on one support from a BCBA mentor (via Skype, telephone, email, etc)
**College Living Experiences (CLE)**
Designed to supplement postsecondary education by providing comprehensive academic, social, and transitional support. CLE has 6 sites in the United States (in TX, CA x2, CO, FL, D.C.) Students live in apartments close to CLE sites and receive services while also attending college. (CLE is not associated with any postsecondary institutions)

**Achieving in Higher Education (AHEADD)—Autism Education and Research Institute (AERI)**
Support program to supplement a student's college education, either direct service or remote (can serve students anywhere). Twice a week meetings, assistance with social relationships and access to campus services, peer mentoring (optional).

---

**GUIDES AND HANDBOOKS**

**Going to College, A resource for teens with disabilities**
A preparation site for high school students with disabilities who want to go to college. Uses videos, modules, and defined tasks to focus on knowing yourself, understanding college life, and planning for college.

**Life's Journey Through Autism, a Guide for Transition to Adulthood Organization for Autism Research, Southwest Autism Research and Resource Center and Danya International, Inc.**
A thorough manual for parents, educators, and others regarding the transition, including legal information, transition planning, employment, college, life skills, and other topics.

**Autism Transition Handbook**
Transition guide developed by Devereux to cover all topics about transition to adulthood including but not limited to a timeline, legal information, and post-secondary education.

**Preparing to Experience College Living Factsheet, Autism Society**
Brief information on independent living, academic, and social skills for transitioning students.

**Access to Postsecondary Education, Ahead.org**
A planning handbook developed by the Kentucky Department of Education. Contains timelines and checklists, worksheets and questions to consider, and information on the process. The guide also lists resources at Kentucky colleges and information about rights and documentation. (Similar guides exist for other states. Wisconsin)

**Understanding Asperger Syndrome: A Professor.'s Guide**

**Transition to Adulthood: Guidelines for Individuals with Autism Spectrum Disorders (ASD) by the Ohio Autism Task Force with the support of the Ohio Center for Autism and Low Incidence (OCALI) Transition to Community Task Force**
GENERAL RESOURCE WEBSITES

National Secondary Transition Technical Assistance Center
*Secondary and Postsecondary Outcomes of Individuals with Autism Spectrum Disorder Annotated Bibliography*
List of annotated articles about transition aged individuals with ASD, broken down into areas like Postsecondary Education and Vocational.

Autism After 16
Information, articles, blog posts about transition age students with ASD. Clear descriptions of terms and strategies, with resources and current news.

Virginia Commonwealth University Autism Center for Excellence
Provides resources for individuals with ASD, families, and service providers. Specific links to resources and information for transition aged students in “Adolescents” and “Adults” sections.

National Dissemination Center for Children with Disabilities (Transition to Adulthood Section)
Website with resources for all ages, but with multiple links and resources specifically targeted at transition age youth. Information about IEPs, legal issues, and education, employment, etc.

The Health Resource Center at the National Youth Transition Center Online Clearinghouse on Post-Secondary Education for Individuals with Disabilities

2012 ASERT Post-Secondary Education Conference
The Pennsylvania Autism Services, Education, Resources and Training (ASERT) hosted a statewide conference of colleges, universities, technical schools, culinary schools, and community colleges in May 2012. This event provided a forum for institutions to think about not only the supports needed by students with ASD, but how they would better cater to this growing population. The conference left attendees with ideas on how to approach administrators about supporting their own program, and how to engage these students within the larger student population. The ASERT Collaborative will continue to encourage conference attendees and other institutions to network and continue sharing ideas about the best ways to support students ASD through the ASERT website. To access the 2012 ASERT Post-Secondary Education Conference Materials, including the summary report, presentation videos, and handouts, please click here.
ARTICLES, BOOKS AND OTHER PUBLICATIONS

*Transition Planning and College for Students with Autism Spectrum Disorders (Autism NOW article)*

A succinct and thorough article covering transition planning, goals and implementation, and preparing for college.

*Living with Autism: Life After High School Autism Society*

*Autism Into Adulthood — Making the Transition* by Jennifer Van Pelt, M.A. Social Work Today


*The Autism Transition Guide: Planning the Journey from School to Adult Life* by Carolyn Thorwarth Bruey, Psy.D. and Mary Beth Urban, M.Ed.

*Guiding Your Teenager with Special Needs Through the Transition from School to Adult Life: Tools for Parents* by Mary Korpi

*Growing Up on the Spectrum: A Guide to Life, Love and Learning for Teens and Young Adults with Autism and Asperger’s* by Lynn Kern Koegel, Ph.D. and Claire LaZebnik

*The Syracuse Community-Referenced Curriculum Guide for Students with Moderate and Severe Disabilities* by Alison Ford
RIGHTS AND THE LAW

U.S. Department of Education Office for Civil Rights: Protecting Students with Disabilities

Free Appropriate Public Education for Students with Disabilities: Requirements Under Section 504 of the Rehabilitation Act of 1973

U.S. Department of Education Office for Civil Rights: Students with Disabilities Preparing for Postsecondary Education: Know Your Rights and Responsibilities.

ADVOCACY/SELF-ADVOCACY

People Make it Happen (Transition Coalition Advocacy Guide)
A document prepared by the Transition Coalition at the University of Kansas, intended to demonstrate what multiple stakeholders can do to advocate for students with disabilities during the transition process. There is information for community members, peers, advocates, support staff, administrators, postsecondary staff, community service providers, family, and students themselves.

WNY Collegiate Consortium of Disability Advocates

DISCLOSURE

The 411 on Disability Disclosure: A Workbook for Youth with Disabilities
A workbook developed by the National Collaborative on Workforce and Disability (NCWD) to help youth learn more about disclosure and make informed decisions. It is broken down into sections including why disclosure is important, pros and cons, legal rights and responsibilities, and situational disclosure like postsecondary, vocational, and social.

The 411 on Disability Disclosure: A Workbook for Families, Educators, Youth Service Professionals, and Adult Allies Who Care About Youth with Disabilities
A workbook developed by the National Collaborative on Workforce and Disability (NCWD) aimed at helping adults who support youth with disabilities to understand disclosure and to guide youth through the process of deciding whether to disclose. The workbook is broken down into similar sections as the youth version.

Pathfinders for Autism Article: Disclosure, How and When to Disclose Your Autism
A brief overview of disclosure in different settings—covers the basic requirements and the process.
ASKING FOR/GETTING SERVICES

College Coach: Excellence in Educational Advising

FINANCIAL AID

College Funding for Students with Disabilities
Quick Guide: Which College Loans Are Best?
Vocational Rehabilitation State Grants
Financial Aid for Students with Disabilities
CollegeScholarship.org Autism Related Scholarships
BestColleges.com Financial Aid Opportunities for Disabled Students

Please note this list does not have every postsecondary resource on it. If you have other programs or information we should include please let us know! Email us at familyservices@autismspeaks.org.

A special thank you to:
Jessica Steinberg
Graduate Research Assistant,
Brown School of Social Work,
Washington University in St. Louis