An Important Message from Autism Speaks

Racism and discrimination have no place in our society.

Deeply ingrained in the Autism Speaks mission is a commitment to creating a more equitable world for those we serve. The autism community is diverse and broad, including all races, ethnicities, abilities, socioeconomic groups, belief systems and identities.

We stand with our volunteers, our colleagues, our partners and every member of our community in speaking out against racism and speaking up for a world that is more inclusive and empathetic – where all people are respected, protected and valued.
Supporting the Washington State Autism Community During COVID-19 Through Advocacy

June 5, 2020
our mission

Autism Speaks is dedicated to promoting solutions, across the spectrum and throughout the life span, for the needs of individuals with autism and their families. We do this through advocacy and support; increasing understanding and acceptance of people with autism; and advancing research into causes and better interventions for autism spectrum disorder and related conditions.
Mission Objectives

Through partnerships and collaboration, we are committed to:

• Increasing global understanding & acceptance of people with autism

• Being a catalyst for life-enhancing research breakthroughs

• Increasing early childhood screening & timely interventions

• Improving the transition to adulthood

• Ensuring access to reliable information & services throughout the life span
Autism Speaks does not provide medical or legal advice or services. Rather, Autism Speaks provides general information about autism as a service to the community. The information provided in this email is not a recommendation, referral or endorsement of any resource, therapeutic method, or service provider and does not replace the advice of medical, legal or educational professionals. Autism Speaks has not validated and is not responsible for any information or services provided by third parties. You are urged to use independent judgment and request references when considering any resource associated with the provision of services related to autism.
Challenges the Autism Community is Facing

- Abrupt discontinuation of educational services
- Closure of day programming
- Closure of clinics
- Shift to telehealth
- Mental health supports
- Lack of connection to community opportunities and supports
- Severe disruption of community employment
- Discontinuation of respite relief for families
- Disruption of much-needed routines
- Loss of income for families
- Challenging behaviors
- Access to healthcare with appropriate supports
Contact our Autism Response Team

The Autism Response Team (ART) is an information line for the autism community. Our team members are specially trained to provide personalized information and resources to people with autism and their families.

How to contact ART

Call our toll-free number or send us an email – we’re available between 9am and 5pm in all time zones. Live chat is also available between 9am and 5pm ET.

Your call will be routed to the team member for your region. We also have a dedicated Spanish language toll-free number.

1-888-AUTISM2 (1-888-288-4762)

En Español: 1-888-772-9050

help@autismspeaks.org
Federal Advocacy Response
Federal COVID Legislation – What’s Passed

MARCH 6: COVID 1
Coronavirus Preparedness and Response Supplemental Appropriations
Provides $8.3 billion in emergency funding for federal agencies to respond to the coronavirus outbreak

MARCH 18: COVID 2
Families First Coronavirus Response Act
• Provides emergency paid sick and family leave
  • DOL has provided Q&A regarding these provisions of the law
• Tax credits
• Free COVID-19 testing (where available)
• Expands food assistance and unemployment benefits
• Increases Medicaid funding

MARCH 27: COVID 3
Coronavirus Aid, Relief and Economic Security (CARES) Act
Provides $2 trillion in funding for provisions, including:
• Economic impact payments to most Americans
• Increased unemployment benefits
• Hundreds of billions of dollars to address the public health response
• Assistance for small businesses and other employers to retain employees and keep their businesses operating
• Billions of dollars for schools
• Extends the Money Follows the Person program through November
Federal COVID Legislation – What’s Passed

APRIL 24: COVID 3.5
Paycheck Protection Program and Health Care Enhancement Act

Interim bill to replenish small business assistance program and address other issues:

• Limited scope to address Paycheck Protection Program and funding for hospitals and testing.
Our advocacy priorities during the COVID crisis

- Additional funding for home and community-based services (HCBS)
- Additional funding to meet the educational needs of students with autism
- Protecting the rights of students under the Individuals with Disabilities Education Act (IDEA) and other laws
- Expanded access to telehealth services for health care needs
- Eligibility for $500 economic impact payments for dependents over age 17
- According caregivers of adults with disabilities the same emergency paid sick and family medical leave policies accorded caregivers of children
- Preventing discrimination in treatment decisions and care allocation based on disability

Congressmen Chris Smith (R-NJ) and Mike Doyle (D-PA), co-chairs of the Congressional Autism Caucus, have sent letters to congressional leadership advocating for many of these priorities.
What’s next?

• COVID 4 – negotiations ongoing

• On May 15th, the House of Representatives passed The Heroes Act – a $3 trillion relief package.

• Priorities that are included in The Heroes Act:
  • Substantial increase in funding for HCBS
  • $100 billion for education (in addition to $1 trillion in general assistance for state and local governments)
  • Dependents over 17 retroactively eligible for economic impact payments. Eligible for additional $1,200 payments in Heroes Act.
  • Clarifies eligibility for emergency paid sick and family leave for caregivers of adults with disabilities
  • $10 million for DD Act activities

• The Senate has not indicated that it will take up this bill. Path from here is unclear...
State Advocacy Response
Impact Statement

Autism Speaks is enhancing lives today and accelerating a spectrum of solutions for tomorrow.

HEALTHCARE

HOME AND COMMUNITY BASED SERVICES

SPECIAL EDUCATION/EARLY INTERVENTION
HEALTHCARE

Washington State was approved for an 1135 emergency waiver on March 19, 2020 and again on May 6, 2020 by CMS, the federal Medicaid agency. This allows for greater flexibility related to:

- Home and Community Based Service (HCBS) Settings Requirements for Specified Settings
- Conflict of Interest Requirements under HCBS State Plan and Waiver Authorities
- Requirement to Obtain Beneficiary and Provider Signatures of HCBS Person-Centered Service Plan
- Provider Participation
- Waiver of Service Prior Authorization (PA) Requirements
- Waiver for Pre-Admission Screening and Annual Resident Review (PASRR) Level I Level II Assessments for 30-Days
- Waiver to allow evacuating facilities to provide services in alternative settings
- State Fair Hearing Requests and Appeal Timelines
Telehealth Services

• States have broad flexibility to cover telehealth through Medicaid including the methods of communication (such as telephonic, video technology commonly available on smart phones and other devices) to use.

• Telehealth is important not just for people who are unable to go to the doctor, but also for when it is not advisable to go in person. No federal approval is needed for state Medicaid programs to reimburse providers for telehealth services in the same manner or at the same rate that states pay for face-to-face services.

• Info on the Washington State Health Care Authority’s Medicaid Policy for telehealth can be found here.
Telehealth Services

GOVERNOR INSLEE’S MARCH 25TH EXECUTIVE ORDER ENCOURAGES HEALTH CARE PROVIDERS TO PROVIDE TELEMEDICINE SERVICES BY PROVIDING FOR PAYMENT PARITY BETWEEN TELEMEDICINE AND IN-PERSON MEDICAL SERVICES

Payors are Prohibited from:

• Reimbursing in-network providers for telemedicine claims for medically necessary covered services at a rate lower than the contracted rate that would be paid if the services had been delivered through traditional (in-person) methods.

• Denying a telemedicine claim from an in-network provider for a medically necessary covered service due to an existing provider contract term with that provider that denies reimbursement for services provided through telemedicine.

• Establishing requirements for the payment of telemedicine services that are inconsistent with the emergency orders, rules or technical advisories to carriers issued by the Office of the Insurance Commissioner.
Impact Statement

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Telehealth Services

Services the autism community could potentially access via telehealth include but are not limited to:

- Behavioral health treatments, including applied behavior analysis
- Therapeutic services, including speech therapy, occupational therapy and physical therapy
- Psychological and psychiatric care
Impact Statement
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Home and Community Based Services: The following are temporary changes in response to the COVID19 pandemic. The Centers for Medicare and Medicaid approved Washington State’s request to be flexible with provider requirements and service delivery for clients. The flexibilities allow better supports and services for DDA clients. (Additional info here.)

### Flexibilities during the COVID-19 pandemic

The following are temporary changes in response to the COVID19 pandemic.

**Flexibilities for Home and Community-Based Services**

- **Home and Community-Based Services**: The following are temporary changes in response to the COVID19 pandemic. The Centers for Medicare and Medicaid approved Washington State’s request to be flexible with provider requirements and service delivery for clients. The flexibilities allow better supports and services for DDA clients.

- **Person-centered service plans and assessments will increase time to be completed to 60 days**

- **Service authorizations to remain longer so that care managers can complete the assessment**

- **Personal care tasks delivered by phone or video**

- **Waiver funding limits can be extended**

### Community First Choice Information

- **Clients will receive a special COVID-19 edition of the Washington Wave**

- **DDA Home and Community-Based Services**

### Waivers Information

Specialized medical equipment may cover items related to health and safety related to COVID-19 such as hand sanitizer for the DDA client.

### Community First Choice Information

The requirements for use of waiveable benefits are the same as for other DDA clients. The flexibility to waive does not mean that the client does not need the service. The waiver does allow more time to secure the necessary services.
Special Education/Early Intervention

If a district is not providing educational services to students during the closure, then there is not a requirement to provide special education services during the same time period. Districts will want to consider special education needs on a case-by-case basis during the closure to address health and safety needs of students with disabilities.

Find resources for Washington State schools and districts to guide decisions and provision of FAPE for students receiving special education during the COVID school closures [here](#).
The state of Washington State is receiving funds from the COVID-3 (CARES) stimulus package through the Education Stabilization Fund.

- K-12 $ 213.6 million
- Post-secondary $ 202.5 million
- Governor’s Discretionary $ 59.5 million

It is critical that advocacy occur so that Washington State students with autism receive appropriate supports and services, including but not limited to:

- **Hardware, software, communication devices, and other assistive technology**
- **Appropriate transition from early intervention to special education**
- **Services not received during the time of school closures and remote learning, including in-person services provided as soon as is safe and feasible (i.e. this summer)**
- **Appropriate transition out of special education to adulthood**
Connect with us!

Sign up for advocacy alerts and emails and find your elected officials at www.autismspeaks.org/advocacy

Follow our advocacy profiles

| Autism Speaks Advocacy
| @AutismVotes
| @AutismVotes
Community Outreach
The Autism Response Team responds to emails and phone calls.

Autism Cares Grants specifically to help families with financial needs.

COVID-19 pages
- We have general resources, resources for families, healthcare providers, educators, and people with autism.
- Resources are updated weekly and posted on social channels as well as our website.

www.autismspeaks.org/covid-19-information-and-resources
48 Autism Speaks tool kits for children, adults, families & healthcare professionals

*100 Day Kit in 17 languages*
Resource GUIDE

Community Events
Did You Know?

We have an Autism Response Team

If you need resources or have questions about autism, call 888-288-4762 or email familyservices@autismspeaks.org
Thank You