

Transcript (English)

00:00:00 Tony Hernandez Pumarejo

Hello, my name is Tony Hernández Pumarejo and welcome to a new episode of Hablemos Autismo. The podcast for our autism community in Spanish and today I have the honor and privilege of interviewing a friend and a leader of our autism community from Bogotá, Colombia, his name is Orlando Jaramillo. Orlando is a technology entrepreneur and a leader in the Asperger's and Autistic community. Nations were from a Colombia Venezuela family.

00:00:33 Tony Hernandez Pumarejo

And in the face of those lately with Asperger's syndrome or today I also agree with the definition of autism here in the United States. Autism level 1, despite the challenges that Orlando faced, graduated as a computer technologist and has always had great concerns to undertake in various areas of digital technology. He is the founder of the community and center for asperger solutions to aspire that he seeks to provide.

00:01:02 Tony Hernandez Pumarejo

Accompaniment and education for the Asperger or autism level 1 population through solutions to the virtual social and educational club for Asperger youth and in the secure shield that uses artificial intelligence to support the social inclusion of people, Asperger and neurodevelopmental conditions and also Dutch. Author is a writer and author of 5 books written that seek to exalt the Asperger's population and those within the autism spectrum. So it's not first to have today.

00:01:35 Tony Hernandez Pumarejo

Speaking right now, thank you Orlando for speaking with me today on this episode of let's talk about autism.

00:01:41 Orlando Jaramillo

Thank you Tony for the invitation, it is an honor for me to participate in this podcast. Let's talk about let's talk about autism in which you are huh? Do you direct this to the Hispanic community in the United States?

00:01:57 Tony Hernandez Pumarejo

Thanks to you for participating, I understand that this is not the first time we have done an interview, I remember it was 2 years ago.

00:02:05 Tony Hernandez Pumarejo

Another you interviewed me because you also have.

00:02:08 Tony Hernandez Pumarejo

This is a podcast.

00:02:10 Orlando Jaramillo

Yes correct, Tuning into Autism.

00:02:13 Tony Hernandez Pumarejo

Exactly and the way we are going to be talking during this interview, so thank you for being there, that is, for taking your time to also be able to interview.

00:02:23 Orlando Jaramillo

For me it is an honor.

00:02:26 Tony Hernandez Pumarejo

Orlando, you mentioned that you were diagnosed with Asperger's, but I want to ask you, when did Asperger's? In other words, when it came into your life, that information is not possible.

00:02:37 Orlando Jaramillo

Of course yes, eh, look, I've had Asperger's all my life, what happens is that I didn't know I had the condition and obviously at 4 years old or so I felt that in preschool I was a person like I wasn't It fit me like in the places, right? And later at 6, 7 years old, when one begins social interactions with one's classmates at school.

00:03:06 Orlando Jaramillo

My mother notices that I was a bit of a motorist, but I couldn't handle it. No, no, I wasn't tripping.

00:03:16 Orlando Jaramillo

And?

00:03:17 Orlando Jaramillo

My classmates from primary school hid things from me, that's where it was suspected that there was something different and I didn't feel very good in social relationships with my classmates, I didn't feel like I fit in.

00:03:38 Orlando Jaramillo

I knew I had something, but I didn't know what it was from.

00:03:42 Orlando Jaramillo

Then later was when.

00:03:46 Orlando Jaramillo

Already in it.

00:03:47 Orlando Jaramillo

During the university stage, it was when I was detected by a series of changes and as a result of those changes inherent to the condition, when one lacks tolerance, one has a lack of tolerance for changes. That's when I went, when they identified my condition and obviously.

00:04:09 Orlando Jaramillo

That's where I knew, although I didn't.

00:04:12 Orlando Jaramillo

But later, by accepting it, I was able to understand myself more, more of my condition.

00:04:21 Tony Hernandez Pumarejo

Yes and you mentioned? I mean, this story is common with mine, with that of many autistic people or people with Asperger's. Many face a process of not accepting.

00:04:33 Tony Hernandez Pumarejo

The condition that autism asperger or other cases also that they feel something different, but do not know what it is or can be. And your story is common and is part of the challenges that as people like us, Asperger's and autistic people, we face this and you mentioned about your school life, but if you can give us a little more detail about what that developmental growth was like in school life .

00:05:04 Tony Hernandez Pumarejo

For example, I understand that you mentioned difficulties in social relationships, it is an area in which I also had difficulties at school, which led me to face different difficult situations such as bullying. In your case it was like that.

00:05:22 Orlando Jaramillo

Yes, yes, yes, Tony is the one. Bullying was present in my life.

00:05:30 Orlando Jaramillo

6 years ago I wrote a book about bullying, precisely because of the topic of Bullying to make visible, because no, I mean, it came to me like that in the fifth grade, more or less.

00:05:46 Orlando Jaramillo

I was on the swim team and obviously.

00:05:54 Orlando Jaramillo

For there was a series of the same way of interpreting literality, the way of being.

00:06:03 Orlando Jaramillo

I didn't understand the jokes, the sarcasm, that kind of thing.

00:06:09 Orlando Jaramillo

Well, you learn them and and and well, I had a bit of a difficult harassment.

00:06:17 Orlando Jaramillo

However, my family was very surrounded, my dad and my mom surrounded me.

00:06:21 Orlando Jaramillo

My sisters, my cousins, my cousins did not live in Venezuela at that time, but even so I had to take karate classes for security reasons so that one could have more self-confidence. I also la la la la.

00:06:43 Orlando Jaramillo

The swimming part helped me have more, more, more self-esteem.

00:06:49 Orlando Jaramillo

And, but it was a very, very difficult stage.

00:06:54 Orlando Jaramillo

Where I was able to overcome it, including a teacher in the second school where I was.

00:07:04 Orlando Jaramillo

He supported me in case of defending myself in case I was attacked and well, this was the case, the harassment happened, I was able to face it but it was something that leaves one marked.

00:07:21 Orlando Jaramillo

For the whole.

00:07:22 Orlando Jaramillo

Life And And Afterwards Edu has a process of forgiving himself, himself, and others to the harassers from a distance. Even though you don't know what there is about their lives, you forgive them from a distance and you free yourself from that burden. And things go much better for you, no, but it was a difficult stage and in the book I highlighted that the population aperger and autistic and also the disabled population, any disability.

00:07:55 Orlando Jaramillo

We are people who may be more vulnerable to these types of situations.

00:08:01 Tony Hernandez Pumarejo

You didn't mention to me, you mentioned to us perfectly in terms of these situations that the impact of the school thing goes beyond the time one has been in school, that can have an impact after school. But you also mentioned something very important about the support of your family, that was very important, that I was also going to ask you and I thank you for sharing that experience and let's talk about this growth and development, Orlando.

00:08:31 Tony Hernandez Pumarejo

Since you mentioned swimming, there were other activities or hobbies that you were able to develop through your growth and development?

00:08:42 Orlando Jaramillo

Yes, look, I can tell you Tony that yes, yes, the harassment and despite the harassment, I had a relatively normal childhood, that is, after the harassment, and a relatively normal adolescence, that is, in the sense that it was normal.

00:08:59 Orlando Jaramillo

It can go.

00:09:00 Orlando Jaramillo

Swimming class, tennis class, karate classes, extracurricular activities.

00:09:06 Orlando Jaramillo

That they allowed me to share with other people outside the school environment of the first and the second, then I went, I, I left and then when the bullying stopped in the second school, I was able to be more connected.

00:09:22 Orlando Jaramillo

Having friends, that is, companions that one had, not being everyone's best friend, but being a friend. So all these extracurricular activities allowed me to share with everyone, with all these people. During the harassment it allowed me to have another space such as making friends.

00:09:40 Orlando Jaramillo

ME, people who were also in the same situation could be found, although I didn't know it, but it is possibly a person who goes to karate, it is gaining confidence. It's about having one, one, many tools to face life, which seems to me to have a very nice philosophy. Karate from the point of defense and tolerance. And well, a number of things, so yes, and your extracurricular activities like those that I mentioned and that.

00:10:11 Orlando Jaramillo

This issue and the support of my family helped alleviate all this, right?

00:10:16 Tony Hernandez Pumarejo

This and is a.

00:10:44 Tony Hernandez Pumarejo

One of those hobbies, which helped me.

00:11:09 Tony Hernandez Pumarejo

And another question that I wanted to ask you, Orlando, why did you mention Asperger? I mentioned Asperger's watch, but there is a reality that after 2013 here, at least in the United States, in the manual

do you know? The American Psychiatric Association and whether and whether an update is a mental health manual? And and we have what ASD is, autism spectrum disorder, level 1 works, level two moderate, level 3 profound, severe.

00:11:41 Tony Hernandez Pumarejo

I went to the new definition, they prefer, look, I am Asperger and that's how I, that's how I identify myself.

00:11:48 Orlando Jaramillo

It's good that you ask the questions and I said that that has been perfect, that what I do with the subject, look, first of all what you say is like.

00:11:58 Orlando Jaramillo

Well, I am Asperger, but I am not unaware that we are within the spectrum of authentic, that is, I am not unaware of it. Now, here in Colombia it is still treated like Asperger's.

00:12:10 Orlando Jaramillo

I understand that there are other countries that do as well, but here at least the Asperger's issue and there are many people because of the work that I do.

00:12:24 Orlando Jaramillo

Fair for Aspergers

00:12:25 Orlando Jaramillo

I know that also in Argentina, in Chile and people who tell me about the social club, the social and educational club, they come to me and tell me, look, my daughter is Asperger's from Panama, look, my son is Asperger's from the Republic. Dominican, then.

00:12:42 Orlando Jaramillo

Because of the contact that I have with all the associations and associations.

00:12:48 Orlando Jaramillo

And la la la the social club I know is coming, so I talk about Asperger's, in addition to firstly because of identity, secondly, because there are many people out there diagnosed and one has to find support, because in any case it is easier to identify it quickly. One notice that with Asperger's, I was reading somewhere that there is a musical prodigy who has and plays many instruments, and he has something called.

00:13:18 Orlando Jaramillo

Disorder, general unspecified development and he explains it like this, I have Asperger's, but with a speech delay it was difficult for me to speak.

00:13:28 Orlando Jaramillo

And that's like for, notice that I used the for and to encompass a series of characteristics, but that made it difficult for them to talk, that is what I want to say with all this, Tony is that Asperger's as a term is very useful, it is very useful to identify certain series beyond the fact that the manuals are updated, yes, but they are also still used by many professionals in several.

00:13:52 Orlando Jaramillo

Countries and yes they serve to identify the condition as saying Ah, this is a person with this condition and is within the autism spectrum, so one like that to seem more inclusive, I always mention everything, I always mention autism, disorder, autistic aspect, ASD and also asperger's to know how the person to know, at least that he has those characteristics that are, that it is known that the person with asperger's has, no, then that is like the la.

00:14:25 Orlando Jaramillo

More or less.

00:14:30 Tony Hernandez Pumarejo

No, and you didn't mention very well that you know all these developments in terms of the definition, if Asperger's TEA the important thing here is to know AND look for help and support for each person who is on the spectrum. A spectrum I personally, in my opinion, I prefer the definition before DSM 5 which was DSM four for me in my opinion, I think that was clearer.

00:14:59 Tony Hernandez Pumarejo

Autism status, the other autism that I always forget, I mean, I forgot now, but it was there.

00:15:06 Tony Hernandez Pumarejo

Also, I identify myself, that is, I went to the keyboard with optimism when I was 3, when I saw autism there was simply not much.

00:15:12 Tony Hernandez Pumarejo

There wasn't this.

00:15:27 Tony Hernandez Pumarejo

I was re-evaluated, I went to opticaapp, but when I was 7 or 8 years old, but it is very important that each person with autism, asperger's or autistic person knows about each of us differently, you have to have common common skills, because they have different gestures and different skills .

00:15:46 Tony Hernandez Pumarejo

You have to work on it.

00:15:47 Tony Hernandez Pumarejo

Story by story, me too, have you even been asked if you are Asperger's or an artist too?

00:15:54 Orlando Jaramillo

Yes, it's not that it's curious, yes, they even tell you, no, and you are precisely like this is like so invisible tones that eh the commune.

00:16:04 Orlando Jaramillo

Fact first, I totally agree with you, it is the most important thing in the supports, the supports and notice that since it is such an invisible condition, notice that one can confuse it with even a neurotypical person who swims, because then they say one, look at this you don't, but how, but what is it that's the subject?

00:16:26 Orlando Jaramillo

Yes, the person, the professionals have to identify them.

00:16:32 Orlando Jaramillo

Those who do not know about the subject should know that Asperger's has a coefficient equal to or greater than the norm, but does not necessarily have to exercise equal or greater, and that language is more fluid. So what was he saying? The other boy who has the other condition that was when, as you say in the TSM four manual, he had the condition, his condition and if you saw that very important thing, Tony this one.

00:16:59 Orlando Jaramillo

We at the world test meeting that we held recently.

00:17:03 Orlando Jaramillo

Many of the health professionals spoke and and and and gave importance now that there is updated information in.

00:17:12 Orlando Jaramillo

There is information, more information that there is on social networks on Internet pages, testimonies and from the testimonies that were seen there at that meeting because it was a meeting where there were professionals and Asperger's people. There they realized that yes, indeed, it is a separate entity.

00:17:34 Orlando Jaramillo

But right now it is within a HP spectrum, but it is convenient because notice that the problem is that sometimes people can diagnose it. And with schizophrenia, bipolarity and other conditions because we don't know the condition, then we are kind of invisible. Remember that within level 1 autism there are level 1 autistic people who are the harsh ones.

00:18:02 Orlando Jaramillo

Who do not have speech difficulties and are autistic at level 1, like the boy I told you about and autistic at level 1 with.

00:18:08 Orlando Jaramillo

Water difficulty.

00:18:09 Orlando Jaramillo

So we have a spectrum where Asperger's is the most invisible because it can be confused with a like a, a person who doesn't let anyone lose, who doesn't have any condition in quotes, right?

00:18:21 Tony Hernandez Pumarejo

No and, you mentioned something very important in terms of level 1, it's just level 1 within that level 1 in different.

00:18:30 Tony Hernandez Pumarejo

Definitions or diagnosis? Let's say it like this, Asperger's level 1, like that, level 1 like that.

00:18:38 Tony Hernandez Pumarejo

That's why this is one of the challenges we face in our community. In other words, it is invisible and that and that we have to work hard and more united within our communities, which many times we have to say, because within our community people go from one side, other people go from another side. And there is not a look like I wanted to see, that is very important to work on.

00:19:04 Orlando Jaramillo

Yes, I want to give you a note on what you say, because look what.

00:19:10 Orlando Jaramillo

That once, for example, we, for example, invited all the people to the club to join regardless of the condition and what it's called, but the people with the condition are always telling us that you are trying to For example, I have a vision, Tony, I have a vision that the family is an important support for people and then they say no, because it is me.

00:19:36 Orlando Jaramillo

She forces me to try to change me or whatever and that's not it.

00:19:42 Orlando Jaramillo

I mean, what happens is that the Asperger's person is a person who has it.

00:19:49 Orlando Jaramillo

Some a strength and some difficulties, but those difficulties are important.

00:19:57 Orlando Jaramillo

Power like you did, Tony, you are going to tell me, you are an example of professional and personal growth. And in my case also one. And one cannot achieve that alone one has to carry it with some support, help and also with.

00:20:15 Orlando Jaramillo

one, one with a spirit of purposeful attitude.

00:20:20 Orlando Jaramillo

So I am one of those who always draw attention and say, we have to and sometimes they attack one for that reason and but they do say, but tell us that we are, that we are from autism, autistic or whatever and I I am not saying I am not, I am not saying that we are, we are not, we do not have autism, but that sometimes we have that particularity that we are more invisible and we need to make ourselves visible, then.

00:20:50 Orlando Jaramillo

That's the only thing we do at Aspy to make Asperger visible.

00:20:54 Orlando Jaramillo

And give support.

00:20:55 Orlando Jaramillo

And I agree with you, Tony, that we have to unite.

00:20:58 Orlando Jaramillo

To make more visible are all these conditions of this spectrum, as you mention that the truth is a spectrum that we have a different last name, so to speak, but we are part of the spectrum, right?

00:21:12 Tony Hernandez Pumarejo

Exactly we are part of the spectrum and another thing that you mentioned, how important family support is, the way I see it, you know autism and asperger's not only impacts the individual or the human being with a diagnosis or without a diagnosis, because there are many of us who do not have a formal diagnosis and that is the reality.

00:21:34 Tony Hernandez Pumarejo

But also to the family, but also to the community, precisely to the family, because that has an impact and is how to give that support and tools, not only to the human being with a diagnosis, but also to the families. Also, how many moms and dads have to stop working to care for loved ones with autism or Asperger's, for example? Or if God maybe there is a sad case?

00:22:03 Tony Hernandez Pumarejo

That the parents can no longer be there for that adult.

00:22:08 Tony Hernandez Pumarejo

Well, that responsibility many times and.

00:22:11 Tony Hernandez Pumarejo

To judge hand and sisters, or uncles and aunts and it is very important as a society.

00:22:18 Tony Hernandez Pumarejo

You know today I receive many.

00:22:20 Tony Hernandez Pumarejo

Calls at work from people who are worried financially. How am I going to support my son or daughter? In other words, what is going to happen to my cell phone, my son, daughter with adults, when I am not here and that is why it is important to bring up this issue, an issue of society, not an issue of a small group in a community, it is an issue of society that you believe in that.

00:22:44 Orlando Jaramillo

Totally agree, Tony. I have nothing to add, we have to make this visible, make this visible, but we have to work together.

00:22:54 Orlando Jaramillo

We have to clear.

00:22:59 Orlando Jaramillo

There are organizations that are more likely to have an impact, let's say politically, so that they can help bring about sudden changes in the issue.

00:23:10 Orlando Jaramillo

Of of.

00:23:12 Orlando Jaramillo

Of laws and regulations, assistance to the Asperger's and autistic population. I mean, but it is.

00:23:27 Orlando Jaramillo

With content.

00:23:30 Orlando Jaramillo

Having despite everyone's differences.

00:23:32 Orlando Jaramillo

Well working on the common goal on the common goal, this little group is called like that, this little group is called like what you say, but all working as you say on the common goal, which is to make the autism condition visible in society and make you an impact like more more.

00:23:51 Orlando Jaramillo

Stronger in in the in the in society. I am in that sense, I totally agree.

00:23:59 Tony Hernandez Pumarejo

That's how it is?

00:24:00 Tony Hernandez Pumarejo

And now, going back a little bit more about your story, Orlando is already an adult, I mean, I wanted to ask you if you could tell me what your development growth was like as an adult, especially in the labor market or looking for a job, a job, yes. Can you tell us a little about that experience.

00:24:20 Orlando Jaramillo

Well it is difficult, difficult because obviously in interviews one does not look people in the eye, some people think that some people are anxious in an interview.

00:24:34 Orlando Jaramillo

It's good, don't think they haven't been one. It's really anxious, what they think is that you're hiding something because in the interview you're anxious and and, but really there are things that you have that you can work on and and me.

00:24:52 Orlando Jaramillo

I had jobs in the fast food sector and there I had to learn a little about customer service, but customer service.

00:25:06 Orlando Jaramillo

From in a restaurant where chickens were sold.

00:25:13 Orlando Jaramillo

And in that Restaurant one had to roast the chickens, do various tasks. Not also you a job in the part that was already when the condition was there.

00:25:27 Orlando Jaramillo

But he had already accepted her. I had that process back and accepted it.

00:25:35 Orlando Jaramillo

And and the support of two very good therapists.

00:25:42 Orlando Jaramillo

One passed away this year peacefully. Rest very well, his name was Edgar Bellford, very good and and.

00:25:51 Orlando Jaramillo

And, who I thank very much. He supported me a lot and my family, the family, you mention it, the family, the family, they don't know how to act, but once they know, they do it very well. Well.

00:26:06 Orlando Jaramillo

That job.

00:26:06 Orlando Jaramillo

Unemployment of was in non-automotive at a dealership.

00:26:12 Orlando Jaramillo

And me, for example, there my first job was to make the website, I was always hooked on technology, I started to make the website. I was working in parallel on my part, to get my degree as a computer

technologist and I was working at that dealership and there I also got a job as assistant workshop manager later.

00:26:38 Orlando Jaramillo

It is later a part of the guarantee, a job that the others did not do. The company's mechanical engineer no.

00:26:46 Orlando Jaramillo

Without knowing much about mechanics, I managed to systematize and claim the guarantees of that company and be able to recover the investment they made in the replacement.

00:26:59 Orlando Jaramillo

Recover it and why I did it because of the condition, because I had to grab some very large Excel sheets and pass data and I had to tabulate the data that is perfect and and to send it to the headquarters and that was because of the condition. And thanks to the condition, I have been able to develop myself in more jobs, since those were like the two jobs.

00:27:27 Orlando Jaramillo

I was there and then I graduated and there I developed as an entrepreneur, right?

00:27:32 Tony Hernandez Pumarejo

That's exactly where you entered the areas of technology. What motivated you to enter the areas of technology?

00:27:39 Orlando Jaramillo

Well, I regret that I would not have had the technology to mentor someone like I do right now with the club that tells me, look, you should start studying programming from the age of 10. .

00:27:56 Orlando Jaramillo

I started out knowing, that is, hooked on video games as well as you, but when I was 4 years old, but no, I didn't have much of a relationship later in my adolescence.

00:28:06 Orlando Jaramillo

But my mother said, this boy likes technology, that is, he likes something and he sees later when I was in those crises of mine.

00:28:20 Orlando Jaramillo

Where I didn't, I didn't accept it, there I picked up technology, I started it AO when the internet was born, I started researching, I started to be interested in physics, I was interested in a number of topics, including science.

00:28:36 Orlando Jaramillo

And it was there, my mother told me, hey, because you don't study technology, a short degree. I was studying Industrial Engineering and and and it was I didn't want to because I said, I want to be an engineer, I want to be a career person and he was very stubborn, but it turns out that later I realized that that was my strength when I realized and the doctor that I mentioned to you and when I had that acceptance, that one.

00:29:06 Orlando Jaramillo

And And, I accepted the condition.

00:29:10 Orlando Jaramillo

I said, I was one of the few who graduated in computer science at the Institute, that is, 100 of us started and 10 finished and I was one of the 10 who finished the same because it was very difficult and after that I took and and and and and, I continued with my race and said, this is my thing. I continued with a web marketing development consultancy.

00:29:36 Orlando Jaramillo

All this part of information technologies.

00:29:40 Orlando Jaramillo

And later, well, the other projects arrived, right?

00:29:45 Tony Hernandez Pumarejo

Exer no Y And you have done an extraordinary job, that is, as an entrepreneur, with these projects of your career and also what you do for our community.

00:29:57 Tony Hernandez Pumarejo

My greatest respect and thanks to you for what you do for our community through your story and.

00:30:04 Tony Hernandez Pumarejo

Your work?

00:30:06 Tony Hernandez Pumarejo

I also ask you this, that is, through your growth and development, how the issues of social relationships have evolved since you were children until today, which is what there have been improvements, not only generations, but if You can also talk about generations of dating, for example, which is a challenge as you know is another. We can say that this is a common challenge among people on the autism spectrum. How is today's task evolving?

00:30:35 Orlando Jaramillo

Well, look, I have few friends, I have to be honest, I am not one person, one of many friends, I am an immigrant, I have gone through countries precisely because of those changes that I experienced first in Venezuela, then in Colombia, then again in Venezuela, again in Colombia.

00:30:54 Orlando Jaramillo

Later in Venezuela this and Colombi.

00:30:57 Tony Hernandez Pumarejo

Between Colombia and Venezuela between Colombia and Venezuela.

00:31:01 Orlando Jaramillo

So, imagine, but I have been here for 11 years now in Colombia and I already said, when I came from Venezuela in 2010.

00:31:10 Orlando Jaramillo

I said, I'm staying here and I'm not moving here anymore because I want to put down roots and I'm marrying a Colombian woman.

00:31:17 Orlando Jaramillo

Be it said, but like all immigrants, the situation is also difficult. Remember that 1 as an immigrant.

00:31:26 Orlando Jaramillo

This one already.

00:31:30 Orlando Jaramillo

Since I graduated, I came with my backpack, I came with my degree and to start a business, so that is difficult for anyone because immigrants from Venezuela also began to arrive here. Since 2011 they began to arrive.

00:31:44 Orlando Jaramillo

It goes and and and and and any and I said, this is social relationships for anyone is difficult. Well, I have had difficulties relating.

00:31:57 Orlando Jaramillo

I have been focused more on the work issue, now that I am more stable at work I have.

00:32:05 Orlando Jaramillo

I have more focus on.

00:32:05 Orlando Jaramillo

Part of social relations.

00:32:07 Orlando Jaramillo

Of making friends, etc. As immigrants my relationships were destroyed, I have my friends, my few, friends that I had in school, who are all scattered at the University, some are both from the University of Colombia when I studied in Colombia, both from the University from school in Venezuela are scattered, they are in Europe, in the United States, and so I really had that core of friendship that I had was small but that I had.

00:32:36 Orlando Jaramillo

I had them in Venezuela, they were a little lost to me.

00:32:39 Orlando Jaramillo

But then what I'm doing is dedicating more to my personal part. For my part, once I work, I spend a little more time on the relationship side of things.

00:32:52 Orlando Jaramillo

Couple part.

00:32:53 Orlando Jaramillo

Hey, that part that is so necessary because one cannot only think about work, one has to also think about the part.

00:33:05 Orlando Jaramillo

On the personal side.

00:33:07 Orlando Jaramillo

And have a balanced life. Just yesterday, on Mental Health Day, I said that one has to study both the mental health part and the physical health part, and that includes the personal part. So one has to.

00:33:23 Orlando Jaramillo

This is working in that sense, but like the challenges of any immigrant I have had difficulties, because for and specific to the condition, but that is what I am working on.

00:33:37 Tony Hernandez Pumarejo

And it is a process.

00:33:38 Tony Hernandez Pumarejo

It is a process and it is not easy, it is not easy at all. I face my gestures, perhaps people can see you to see me, you speak perfectly to me too, but facing this, especially socially, AND much more as adults than as adults, much more difficult.

00:34:00 Tony Hernandez Pumarejo

Establishing true friendships or relationships because we have met you is another thing, but this is very difficult, much less in relationships, challenges that I also face to this day, the ones that I am working on. Obviously in my case, I have to work on what my career is, my goals to be able to not go, what I'm going in life and that's why it's very important. I thank you.

00:34:23 Tony Hernandez Pumarejo

You for sharing that experience with you. And Orlando, I ask you a very important question.

00:34:29 Tony Hernandez Pumarejo

Do you know your history of your work in the community?

00:34:34 Tony Hernandez Pumarejo

Do you know what they talk about awareness? It talks about acceptance.

00:34:39 Tony Hernandez Pumarejo

On social networks we see the videos in spots, the events, but what do you think does more than is necessary? I think that we have to do much more that we have to evolve our mission.

00:34:53 Tony Hernandez Pumarejo

That you believe?

00:34:54 Orlando Jaramillo

See as a person what I think is missing is the.

00:34:59 Orlando Jaramillo

It is to continue spreading, to continue giving, thus opening space.

00:35:04 Orlando Jaramillo

By eliminating my milestone, it is my turn to eliminate myths. I spend a lot of time on part of what I do on social networks and on my website, part of it eliminating myths because myths are really built around autism and around Asperger's and that's what.

00:35:29 Orlando Jaramillo

It's a hindrance then.

00:35:31 Orlando Jaramillo

Work together as you say.

00:35:34 Orlando Jaramillo

Each one with their last name, with their way, but work together to seek the inclusion of people on the autism spectrum.

00:35:44 Orlando Jaramillo

I see that education is key, education educate and educate the family, give resources to the family, that is, support for the family because families need it.

00:36:00 Orlando Jaramillo

Families need.

00:36:04 Orlando Jaramillo

Those are the people, a mom or a dad.

00:36:09 Orlando Jaramillo

They are people who need the support of.

00:36:13 Orlando Jaramillo

They need to understand them to be able to continue caring at the base, continue caring for the son, the son OR the daughter with autism or Asperger's. It seems to me that education is super key. And well, that part of supporting the family.

00:36:34 Tony Hernandez Pumarejo

Excellent education to go beyond the myths, to go beyond the ignorance that unfortunately is still there, in our world in terms of autism and autism, the key is you mentioned it perfectly and Orlando and now I want to talk about this a little more about your work, if you could be so kind as to explain to us about your organization asperger foundation for asperger's, how did your organization start?

00:37:02 Orlando Jaramillo

Started to.

00:37:04 Orlando Jaramillo

A social entrepreneurship, but it started as a blog, that is, a social entrepreneurship, it is a company but with a purpose for society, okay?

00:37:14 Orlando Jaramillo

Aspergers started as a blog, with that I started teaching AA classes for young Aspergers.

00:37:24 Orlando Jaramillo

In in 2016 and.

00:37:28 Orlando Jaramillo

And at that time I already had one.

00:37:33 Orlando Jaramillo

Already several boys and mothers told me.

00:37:37 Orlando Jaramillo

Orlando told me, we have to raise awareness in Orlando, what about something and me with my skills.

00:37:42 Orlando Jaramillo

Let's say technology and I said, well, I'm going to make a blog.

00:37:47 Orlando Jaramillo

A blog, a page to provide support to give you stories to tell.

00:37:53 Orlando Jaramillo

And I took out that page.



00:37:55 Orlando Jaramillo

En el 2016 y.

00:38:00 Orlando Jaramillo

¿Y bueno, tuvo mucho revuelo de las páginas preparadas para tal cosa? Yo tuve una pausa, me puse a capacitar en el 2017.

00:38:13 Orlando Jaramillo

Me puse a capacitar a la a la aventarme más en temas de tecnología, con una certificación de Google y de IBM de ciberseguridad y de análisis de datos. ¿Y yo ahí empecé a cómo te explico?

00:38:32 Orlando Jaramillo

¿Es decir, yo necesito volver al tema del asperger y volví, pero ya como integrado también brindando soluciones de tecnología, no?

00:38:42 Orlando Jaramillo

Y ahí fue donde donde nació aspy para asperger nuevamente se se volví con aspergerparaasperger.gov como empresa social, pero con el fin de ofrecer soluciones tecnológicas y soluciones educativas para los jóvenes aspectos adultos asperger.

00:39:03 Orlando Jaramillo

Entonces siguió la bitácora, le seguí escribiendo y salió el podcast Sintonizando Con El Autismo y.

00:39:13 Orlando Jaramillo

Y ahí también salió han salido varias, varios varias cosas, como el club social donde.

00:39:20 Orlando Jaramillo

Yo le brindo apoyo a los jóvenes.

00:39:24 Orlando Jaramillo

Ha salido el encuentro y he tenido la oportunidad de conocer personas maravillosas.

00:39:31 Orlando Jaramillo

Así como tú Tony, que también participaste en sintonizando con el autismo. And and bueno, este realmente ha sido una experiencia muy, muy satisfactoria porque a mí el hecho ya de de de pasar de ser una persona que a veces uno tenía esa soledad. Yo no sé si te pasa a ti Tony, pero a mí ya esto me da un propósito en la vida y me y me llena me llena.

00:40:01 Orlando Jaramillo

Being able to help people with the condition and their families.

00:40:07 Tony Hernandez Pumarejo

And I love your purpose.

00:40:10 Tony Hernandez Pumarejo

Because your purpose is to make a difference in this community, in the lives of these families who are looking for answers to the questions they have about their loved ones, whether they have autism or another condition? Honestly, because our work goes beyond autism, Asperger's, people with differences with neurodiversity, which is the most important thing.

00:40:33 Tony Hernandez Pumarejo

And speaking of that job, you were the writer of 5 books. If you can briefly, then talk about those 5 books.

00:40:40 Orlando Jaramillo

5 books, those 5 books are quickly I try to give advice in the first person, the first traveling 40 years on Mars is a book from my first 40 years. The 2020 expurgado passenger who is experiencing the pandemic, experiences that one with people with autism one has experience to offer.

00:41:02 Orlando Jaramillo

It can contribute to humanity. And people with autism have a lot of contribution to give to humanity, we have a lot of contribution, so passing on the losses of 2020 is those contributions that are bread in the pandemic. Then I wanted to make a second book that I wanted to make was difficult to achieve, it ended up being the third, why? Because that was like some strategies, like some little tips that helped me, I began to realize in my process of personal growth, within my growth.

00:41:34 Orlando Jaramillo

I was realizing. Look, this is over here.

00:41:35 Orlando Jaramillo

Over here.

00:41:36 Orlando Jaramillo

It was those tips, I give them bullying on the spectrum that I mentioned to you, that of bullying.

00:41:42 Orlando Jaramillo

And, while brilliant front, those are the 5 books that you can get on Amazon.

00:41:46 Tony Hernandez Pumarejo

Perfect and we can also see ourselves in the information that we put in when this episode is published so that people can get information.

00:41:54 Tony Hernandez Pumarejo

Books this so you in this interview has been a very special one indeed, because sharing learning from your perspective, from your experience both personal and work as an ambassador of this great community, has been unique and my thanks to you for having shared from your perspective.

00:42:16 Tony Hernandez Pumarejo

I know that before concluding this message, this interview, what final message do you have for all those people who are tuning in right now from everyone, from everywhere, in the world? What messages do you have?

00:42:32 Orlando Jaramillo

Ok Tony, I'm going to give you the message as a community, thank you for the opportunity, dear Ton, dear listeners, colleagues, families and friends, greetings to all those who listen to us through the podcast, let's talk about autism even with everything.

00:42:46 Orlando Jaramillo

Yes, it has sunk behind us in our diverse experiences and trajectories under the vibrant banner of the Asperger community. First and foremost, we must understand and affirm that the Community of people diagnosed with this is an ecosystem in which families, often the invisible pillars, play a fundamental role, in turn needing solid and continuous emotional support to make the Pillar a reality. that your loved ones can.

00:43:12 Orlando Jaramillo

In the deepest corners of our history, individually and collectively, we have found that the expansion of our community is a palpable symbol of strength and perseverance. One day we were invisible today, thanks to courage and determination, we emerge as a force, taking our unique abilities to the world, proving that differences should not only be tolerated, but also celebrated and embraced.

00:43:35 Orlando Jaramillo

Thanks to our perception of problems as opportunities and obstacles as surmountable challenges, they have become the lighthouse that illuminates our path, allowing us to see what is not possible as always possible, from our resilience, you will learn and discover a new dimension of being. human, where our differences will be embraced and turned into an act of mutual enrichment. Look towards our community and you will discover actors, writers, technologists, painters, psychologists, athletes.

00:44:05 Orlando Jaramillo

And all of them are not the specialists in our community, but rather they also help people with cognitive diversity or neurodiversity, being a living testimony that inclusion is not only an act of charity, but a drive towards a richer world. and diverse. When talking about inclusion, it is also imperative to mention the crucial role of the work environment in the lives of young Aspergers, companies and society in general must transform themselves by promoting a culture that not only understands, but also celebrates diversity in all its aspects. demonstrations.

00:44:41 Orlando Jaramillo

Hiring an Asperger-looking person is embracing loyalty, commitment, honesty and a refreshing diversity of thought. To conclude, I comment with pride and hope the flag of full and tangible inclusion in our hand. The story of a young man from the social and educational club who finds our community a place to make connections, build friendships and, above all, be.

00:45:04 Orlando Jaramillo

Having the freedom to be becomes a testament that we have already begun to pave a path where each individual is valued, understood and accepted. Thank you Tony, let's speak autism and Autism speak for allowing us to share our story, our struggle and most importantly, our hope. Organ Javier Jaramillo Gutiérrez, founder of para asperger, Tony, it is an honor for me to have participated in your space and this is the message of the organizations.

00:45:34 Orlando Jaramillo

And members I consulted.

00:45:36 Orlando Jaramillo

Simon as a whole.

00:45:38 Tony Hernandez Pumarejo

Why is that message beautiful and beautiful I, that is, I have had since, that is, we are honored and privileged in that message because it is a mission, we are all on this same mission which is awareness, acceptance and education, to then help these great, incredible human beings.

00:46:01 Tony Hernandez Pumarejo

Empower the difference between the world and I tell you, dwarf, that you are making that difference in this world beyond the community.

00:46:08 Tony Hernandez Pumarejo

Asperger's and your organization and your community, so I thank you, for this nice message and a very important message for our community. And and and and and praying for yourself and for our audiences who are watching and listening to us how they can get you on if you can share your social media page.

00:46:26 Tony Hernandez Pumarejo

Please.

00:46:28 Orlando Jaramillo

Of course, Tony.

00:46:30 Orlando Jaramillo

They can get us by the way paraasperger.gov is the website and I think that from there they go to all the sites because there are links that go to Instagram that you can't miss for asperger's. Facebook what is asperger's for asperger's XO Twitter what is asperger's for asperger's, it is called for asperger's.

00:46:53 Orlando Jaramillo

Youtube asperger for asperger, that is, everything with asperger for asperger, telegram asperger for asperger. The only one that changes is Twitter, which is OX for asperger's for asperger's with double a in it.

00:47:06 Orlando Jaramillo

That's where he gets me.

00:47:06 Tony Hernandez Pumarejo

Yes, perfect and we are going to put all this information when the episode is published so that our audience is watching and listening to us, well.

00:47:15 Tony Hernandez Pumarejo

Or go to his page to have more information about his work. Orlando has been the north video of me.

00:47:22 Tony Hernandez Pumarejo

I thank you very much, I appreciate a lot of what you have done.

00:47:26 Tony Hernandez Pumarejo

From clippy.

00:47:27 Orlando Jaramillo

I also appreciate you a lot, Tony look, let me talk in a moment to say Tony look, eh, I really admire you eh? You can count on me for whatever you need regarding those issues we have. Common growth.

00:47:43 Orlando Jaramillo

Hey, I really admire you for the work you do and your efforts. You are persistent like.

00:47:50 Orlando Jaramillo

You are you are preservative.

00:47:51 Tony Hernandez Pumarejo

Then they persevered.

00:47:50 Orlando Jaramillo

You are you are preservative.

00:47:51 Tony Hernandez Pumarejo

Then they persevered.

00:47:52 Orlando Jaramillo

No, because you are not very persevering because I had the means, the meeting and other things. And it turns out that I'm telling you that.

00:48:04 Orlando Jaramillo

But well, that's the good characteristic that you have to learn so that they see that you are going to lose it and autistic people are very persevering, right? But really, Tony, look, I admire the work you're doing, it's great, you're a person who doesn't give up on what you set out to do. And I really admire you for everything you do from over there in the United States and you I truly wish you much success on this path and you can count on me for whatever you need.

00:48:34 Tony Hernandez Pumarejo

And also from me to you flying from here to order always, so thank you thank you. Thank you for participating in my podcast. Let's talk about autism. You are always welcome here, this is your home, you talk to continue talking about these issues in our community, thanks to you speaking for having participated in this episode of Hablemos Autismo.