

Transcript Dr. Cordoves (English)

00:00:04 Tony Hernandez Pumarejo

Hello and welcome to a new episode of Hablemos Autismo, this is tony hernandez pumarejo. this is the podcast for our families who have loved ones with autism, individuals, autistic human beings in Spanish, so thank you for tuning in to this new episode Let's Talk Autism and today I have in the new ones, first of all to have a very special guest who has done a great, significant job.

00:00:29 Tony Hernandez Pumarejo

For our autism community and we are joining us from Puerto Rico via zoom, that is Doctor José Cordoves Avilés, Doctor Cordoves Avilés is an associate professor in the department of psychological and humanistic studies at the Ponce campus of the Inter-American University . All their studies, bachelor's degrees, master's degrees and doctorates are in the area of special education. His doctorate is specialized in autism from Wolden University in Minnesota.

00:01:01 Tony Hernandez Pumarejo

Doctor Cordoves has been professional.

00:01:03 Tony Hernandez Pumarejo

Final and defender for our special education Community in Puerto Rico for more than 30 years, 32 years being a teacher, profession, university professor, preparing our specialists in autism. Doctor Cordoves, creator of the preparation program for teachers specialized in autism in the institution that is.

00:01:24 Tony Hernandez Pumarejo

Doctor Cordoves, educator by profession, career, education and always Doctor Cordoves, carries a message of equity and inclusion, as well as paradigmatic changes in education at all levels. I like to be talking in this interview, so I can't stop you here today Doctor José Cordoves, kissable thanks for tuning in with less joined to this episode of Hablemos Autismo.

00:01:47 Dr. Jose Cordoves

No, thank you very much Tony for the invitation, the honor is all mine and a greeting to all the people who may have the opportunity to see and listen to this program. Thank you.

00:02:02 Tony Hernandez Pumarejo

Thanks to you for having tuned in, I have learned, I even had a first idea, I once saw that one interviewed by you on your program on Facebook, talking about these issues of autism, of inclusion, especially what it is education.

00:02:17 Tony Hernandez Pumarejo

Action and doctor when you see this we are going to start by talking a little about you and the work that you do for our special education population, especially the autism population.

00:02:28 Dr. Jose Cordoves

Yes, well, the issue of autism is an issue.

00:02:35 Dr. Jose Cordoves

Nowadays it is quite controversial.

00:02:40 Dr. Jose Cordoves

It's a theme.

00:02:42 Dr. Jose Cordoves

Where there are many.

00:02:46 Dr. Jose Cordoves

Currents and aspects of how to interpret it, some of them based on science, others based on.

00:02:58 Dr. Jose Cordoves

And based on even aspects that don't make any sense, it's very commercialized.

00:03:08 Dr. Jose Cordoves

And I believe that what characterizes me is trying to address the issue of autism, according to what is scientifically validated.

00:03:20 Dr. Jose Cordoves

And, according to what the facts throughout history have told us what autism is.

00:03:29 Dr. Jose Cordoves

The mine in real terms.

00:03:32 Dr. Jose Cordoves

Why not fall like a kind of tower of babel in this matter of autism?

00:03:40 Dr. Jose Cordoves

And a little bit of my contribution, not only in myself, in my social networks, but in the courses that I teach is to try to bring the topic back into the framework of science, because autism is a matter of science.

00:03:57 Dr. Jose Cordoves

That's what it is, YYY autism is what science states, what diagnostic manuals state.

00:04:07 Dr. Jose Cordoves

Perhaps some people do not agree because they think that this is not and should be something else and that YY like many things that have been told to me that science evolves and science changes, well when science changes then we change, but Meanwhile.

00:04:28 Dr. Jose Cordoves

Although science is not a perfect platform because nothing carried out by humans is perfect, but it is much more stable.

00:04:36 Dr. Jose Cordoves

And it gives a sense of direction, more logical than speculation and ideology.

00:04:44 Dr. Jose Cordoves

So basically that's my job.

00:04:50 Dr. Jose Cordoves

Not only me, there are other people.

00:04:53 Dr. Jose Cordoves

I'm doing it right now.

00:04:55 Tony Hernandez Pumarejo

Not his work speaks for itself, doctor, I have been a witness, that is, I follow his social networks, his work and you say it to the point.

00:05:07 Tony Hernandez Pumarejo

Scientifically concrete, without what you mentioned different points that unfortunately and I agree with you that really, those debates, controversy, all those things that are with autism are taking us or distancing us.

00:05:26 Tony Hernandez Pumarejo

Or you could even also argue that they are holding us back.

00:05:31 Tony Hernandez Pumarejo

In the development.

00:05:32 Tony Hernandez Pumarejo

Content of what autism is, how does it impact quality of life? Because this is the key, here it is quality of life.

00:05:41 Tony Hernandez Pumarejo

Of optical people with this disability or condition.

00:05:45 Tony Hernandez Pumarejo

And not only the impact on the person or adult child, but the impact on the family.

00:05:52 Tony Hernandez Pumarejo

In all.

00:05:53 Tony Hernandez Pumarejo

Aspects of life and unfortunately, many times.

00:05:57 Tony Hernandez Pumarejo

1 we are not going far from that, from what that approach should be and entering into unnecessary debates. In my opinion, I think you ask yourself first, who are you? Who inspired you?

00:06:10 Tony Hernandez Pumarejo

Enter this field of autism.

00:06:12 Tony Hernandez Pumarejo

And for a special occasion.

00:06:15 Dr. Jose Cordoves

This is a good question, because many years ago, when I was doing my high school studies at the University.

00:06:29 Dr. Jose Cordoves

I remember they invited me, I wasn't there.

00:06:34 Dr. Jose Cordoves

Today I entered the Social Sciences program at the University of Puerto Rico.

00:06:42 Dr. Jose Cordoves

But one day they invited me to an activity that was being carried out with special education books from different schools in the Bayamón area, which was where they studied.

00:06:55 Dr. Jose Cordoves

YAnd I am a volunteer and really when I had this first interaction, I was very young, I would have been about 18 or 19 years old at that time.

00:07:08 Dr. Jose Cordoves

That impacted me immediately, the next day I went and changed programs.

00:07:15 Dr. Jose Cordoves

For YY.

00:07:16 Dr. Jose Cordoves

And from then on, special education became my world, not this one.

00:07:26 Dr. Jose Cordoves

I start as a school teacher.

00:07:29 Dr. Jose Cordoves

I'm like a school teacher, about 14 years old.

00:07:33 Dr. Jose Cordoves

Where he had the opportunity to work with people from the autism population in those years. Still autism was not him.

00:07:40 Dr. Jose Cordoves

Fashion theme.

00:07:43 Dr. Jose Cordoves

I remember the fashionable topic in those years in attention deficit, hyperactivity, being that was what everyone in The World was talking about. So autism was a little bit, like, under the table.

00:07:57 Dr. Jose Cordoves

I have the opportunity, I do my master's degree and I have the opportunity to start working at the Interamerican University.

00:08:08 Dr. Jose Cordoves

Part time.

00:08:09 Dr. Jose Cordoves

Then I become a full-time AAA teacher.

00:08:15 Dr. Jose Cordoves

And if.

00:08:18 Dr. Jose Cordoves

They ask me, I remember my boss from back then. We need to create a new program that you think can be done.

00:08:27 Dr. Jose Cordoves

And I say, well, this one already then. At that time autism was beginning to emerge as a topic, still beginning, no, no, not like now this and I say, well, eh, approval of autism is growing.

00:08:43 Dr. Jose Cordoves

YY, there are no programs back then there was no high school program specializing in autism.

00:08:51 Dr. Jose Cordoves

And I started a business and designed the first one.

00:08:57 Dr. Jose Cordoves

Baccalaureate program to prepare teachers specialized in autism in Puerto Rico.

00:09:04 Dr. Jose Cordoves

Not a simple certification, but a complete baccalaureate.

00:09:10 Dr. Jose Cordoves

And well eh.

00:09:12 Dr. Jose Cordoves

I then made the decision that the time had come to do a doctorate.

00:09:18 Dr. Jose Cordoves

But were the doctorates offered in Puerto Rico the same before then, doctorate?

00:09:22 Dr. Jose Cordoves

That everyone in the world had.

00:09:25 Dr. Jose Cordoves

YY, I decided that I wanted to do something different and I wanted to do something in autism.

00:09:30 Dr. Jose Cordoves

And then I did the search for programs and the United States.

00:09:36 Dr. Jose Cordoves

And finally, I found this doctorate in special education in autism.

00:09:41 Dr. Jose Cordoves

From the University you mentioned and.

00:09:42 Dr. Jose Cordoves

And I embarked on that.

00:09:45 Dr. Jose Cordoves

In that adventure of doing a doctorate in a language that is not my language.

00:09:51 Dr. Jose Cordoves

Eh maternal but that's it.

00:09:56 Dr. Jose Cordoves

An extra challenge, but I finally did it.

00:10:01 Dr. Jose Cordoves

Which was spectacular. I had the opportunity to participate in a residency, in laboratories, in universities in the United States.

00:10:15 Dr. Jose Cordoves

Where? Well, I really learned a lot.

00:10:19 Dr. Jose Cordoves

And that was then I brought him to Puerto Rico.

00:10:26 Dr. Jose Cordoves

Already, the teacher preparation program specialized in autism had been going on for about 15 years.

00:10:34 Dr. Jose Cordoves

So there was one, a former student who found me one day and called me professor, and why don't you believe?

00:10:42 Dr. Jose Cordoves

Some courses like those offered by the University, but I can do them.

00:10:45 Dr. Jose Cordoves

Take anyone.

00:10:48 Dr. Jose Cordoves

I told him oysters.

00:10:49 Dr. Jose Cordoves

The truth is that I haven't thought about that, but let me.

00:10:53 Dr. Jose Cordoves

Let me turn the matter around. YY these courses have been going on for 2 years.

00:11:00 Dr. Jose Cordoves

That you have the opportunity to see.

00:11:04 Dr. Jose Cordoves

Of pedagogy in autism that have been extremely successful. I have had students from different parts of the world.

00:11:14 Dr. Jose Cordoves

And I have also received other professionals from other areas to complement with other courses with other angles.

00:11:22 Dr. Jose Cordoves

EY other areas so this one.

00:11:28 Dr. Jose Cordoves

Well basically that's what I made you one.

00:11:32 Dr. Jose Cordoves

A story, a very quick review baby.

00:11:35 Dr. Jose Cordoves

From my professional life.

00:11:38 Tony Hernandez Pumarejo

Isn't YY not your experience your perspective nor is it very interesting the different points that you mentioned in terms of how?

00:11:48 Tony Hernandez Pumarejo

When it started as how autism was talked about, it was little talked about, that is, it was not a trending topic in English.

00:11:57 Tony Hernandez Pumarejo

No no.

00:11:57 Dr. Jose Cordoves

It was the topic that caught on.

00:11:58 Tony Hernandez Pumarejo

As? What is this like today? My story can be connected more or less because, in my case, I was diagnosed.

00:12:07 Tony Hernandez Pumarejo

At 3 years old mainly from 90, but only as autism, even I was diagnosed before the manual.

00:12:17 Tony Hernandez Pumarejo

Mental health what is DMS.

00:12:21 Tony Hernandez Pumarejo

When the 5th after 2013, but the 4th that was published in 909495, was 1 or 2 years, before that came then it was asperger's autism and the other autism. Sportsmanship no.

00:12:27 Dr. Jose Cordoves

The previous sign.

00:12:36 Tony Hernandez Pumarejo

I remember right now.

00:12:38 Tony Hernandez Pumarejo

But at that time it told us a lot about what autism is, it was talked about.

00:12:40 Tony Hernandez Pumarejo

More about disability and another and another and in that aspect, even when I went to school.

00:12:47 Tony Hernandez Pumarejo

I already had school, I did not have support groups for students with autism and I can react to this because when the last one is one of the last times I went to Puerto Rico, which was in 2019.

00:12:59 Tony Hernandez Pumarejo

I went to one of the schools that I studied in a public school and well Ah to visit, because I am going to leave my book in different schools.

00:13:06 Tony Hernandez Pumarejo

I studied and then I know when I went to that school in Guaynabo, well, here I was informed that there was a support group created there for students with autism that did not exist.

00:13:20 Tony Hernandez Pumarejo

When I studied, when I had to study at school, that is, the good thing about this, that there has been more awareness of the issue of autism, that cannot be denied, but I know that, but at the same time I feel There is much more to do on this issue and I believe that we have to evolve, go beyond pretty words, awareness, history and talk about the issues that we really have to focus on for quality of life. That's what I think too.

00:13:50 Tony Hernandez Pumarejo

And along those lines, doctor, I want to talk, I'll talk a little more about your experience as a teacher. What are some of the challenges that.

00:14:01 Tony Hernandez Pumarejo

That you have seen what parents and families face in terms of social supports loved ones with autism in terms of education life, if here I cannot explain, including in detail, in terms of what it is, that is, the individualized education plan or what is English is given by ITY.

00:14:16 Tony Hernandez Pumarejo

In what necklace in that process too?

00:14:18 Tony Hernandez Pumarejo

There are more details.

00:14:20 Dr. Jose Cordoves

Of course good.

00:14:23 Dr. Jose Cordoves

The first thing that families have to understand.

00:14:28 Dr. Jose Cordoves

That although the Prox post the diagnosis process is important.

00:14:35 Dr. Jose Cordoves

The diagnosis process is a point in the reader's life.

00:14:42 Dr. Jose Cordoves

After the diagnosis, does it really begin?

00:14:46 Dr. Jose Cordoves

The work after the diagnosis is that really.

00:14:51 Dr. Jose Cordoves

The race begins in the marathon, not a race, it's a marathon, eh? And I say this because many times families focus on the diagnosis, on the diagnosis, on the diagnosis, the diagnosis is important.

00:15:07 Dr. Jose Cordoves

But the most important thing is what comes beyond the diagnosis, what comes after the diagnosis and the education process.

00:15:17 Dr. Jose Cordoves

It is the most important activity in the lives of these people and when I talked about the education process I am not talking about the education process at school only, but at home, if there is anything to research.

00:15:35 Dr. Jose Cordoves

It has been consistent, it is the importance in monitoring that at home.

00:15:42 Dr. Jose Cordoves

Find these.

00:15:44 Dr. Jose Cordoves

Boys and these girls to what I know.

00:15:46 Dr. Jose Cordoves

He's doing it at school.

00:15:49 Dr. Jose Cordoves

This why?

00:15:52 Dr. Jose Cordoves

Well here.

00:15:54 Dr. Jose Cordoves

Well, everyone, see Tony.

00:15:56 Dr. Jose Cordoves

And Tony on the spectrum.

00:16:01 Dr. Jose Cordoves

Within a population within the spectrum with good levels of functioning, but look and that, that is another problem that.

00:16:13 Dr. Jose Cordoves

It exists in stereotypes, in autism it exists.

00:16:17 Dr. Jose Cordoves

People on the spectrum who are not like Tony, not even close to Tony.

00:16:24 Dr. Jose Cordoves

Are there really cases?

00:16:28 Dr. Jose Cordoves

With well-committed autism.

00:16:31 Dr. Jose Cordoves

And, with some very big challenges.

00:16:36 Dr. Jose Cordoves

And that is the population that I call the invisible one.

00:16:41 Tony Hernandez Pumarejo

I have been clear about myself in my post, that is, look, I am a story of autism, but there is a reality.

00:16:47 Tony Hernandez Pumarejo

That there is optimal, severe and profound, or like classic autism, which is a reality.

00:16:54 Tony Hernandez Pumarejo

And, but you know that we have to talk about those objects and situations, and I have been emphatic about that, in my, in my, in my work as such it is urgent that.

00:17:05 Tony Hernandez Pumarejo

Do you know how to provide those tools and those supports so that each person on the autism spectrum, because a spectrum, each person with autism is different, has common effects, but different objects?

00:17:17 Tony Hernandez Pumarejo

Is it how based on your challenges?

00:17:20 Tony Hernandez Pumarejo

And skills can also achieve that life to the greatest possible capacity.

00:17:26 Dr. Jose Cordoves

The east.

00:17:29 Dr. Jose Cordoves

And this is where the cooperative role between school and home is important.

00:17:35 Dr. Jose Cordoves

What happens is that.

00:17:37 Dr. Jose Cordoves

Well, I understand that at school there are going to be professionals who have training to work with this.

00:17:49 Dr. Jose Cordoves

But parents are parents, parents did not visualize or study to be teachers or therapists, nor to study the topic of autism. The topic of autism came to them in most cases as a surprise.

00:18:08 Dr. Jose Cordoves

What is the biggest challenge?

00:18:10 Dr. Jose Cordoves

They have families and parents.

00:18:13 Dr. Jose Cordoves

Within the spectrum, they also have to prepare.

00:18:19 Dr. Jose Cordoves

Because in order to be able to provide this follow-up, which research says is absolutely necessary and so that what is being done at school can be complemented at home and followed up at home, parents also have to prepare.

00:18:36 Dr. Jose Cordoves

Almost as much as a teacher prepares.

00:18:41 Dr. Jose Cordoves

Yes we leave.

00:18:44 Dr. Jose Cordoves

Let the school be.

00:18:46 Dr. Jose Cordoves

The only one that works.

00:18:48 Dr. Jose Cordoves

With that and at home.

00:18:51 Dr. Jose Cordoves

Nothing is done.

00:18:53 Dr. Jose Cordoves

Progress is going to be much slower, for example.

00:18:59 Dr. Jose Cordoves

What good is it to me?

00:19:02 Dr. Jose Cordoves

That at school I am working with the students so that they learn to wait their turn.

00:19:11 Dr. Jose Cordoves

Eh to mention 111 basic social rule.

00:19:21 Dr. Jose Cordoves

At home with their parents, they edit.

00:19:24 Dr. Jose Cordoves

That he has to wait his turn.

00:19:29 Dr. Jose Cordoves

Well now he knows me.

00:19:31 Dr. Jose Cordoves

It sabotaged the work we are trying to do, because in this life we all have to wait our turn.

00:19:40 Dr. Jose Cordoves

For many things and.

00:19:43 Dr. Jose Cordoves

This and.

00:19:45 Dr. Jose Cordoves

To the world in what?

00:19:46 Dr. Jose Cordoves

They are going to confront each other and this is and this is another thing that I think families understand.

00:19:54 Dr. Jose Cordoves

The World in which they are going to face is the same world in which we have all faced, there is no different world.

00:20:01 Dr. Jose Cordoves

That is the reality and then here they can come, the posset of ideologies, to tell me no that this world is wrong and that this world has to be inclusive and that they have to accept them as they are.

00:20:16 Dr. Jose Cordoves

Yes, maybe they are right, but no, no.

00:20:19 Dr. Jose Cordoves

It will happen.

00:20:21 Dr. Jose Cordoves

No, not overnight.

00:20:22 Dr. Jose Cordoves

Tomorrow, I hope one day it will be like that.

00:20:25 Dr. Jose Cordoves

For at this moment The World we have.

00:20:29 Dr. Jose Cordoves

It is what there is.

00:20:31 Dr. Jose Cordoves

There is no other.

00:20:34 Dr. Jose Cordoves

And, eventually everyone, including those who are there.

00:20:38 Dr. Jose Cordoves

They have to face the spectrum.

00:20:39 Dr. Jose Cordoves

That world.

00:20:42 Dr. Jose Cordoves

YYY. Parents have to realize this and schools have to realize this too.

00:20:49 Dr. Jose Cordoves

This, that is.

00:20:50 Dr. Jose Cordoves

The school period in the life of a human being is very short.

00:20:56 Dr. Jose Cordoves

What comes after school is the big process, the long process.

00:21:02 Dr. Jose Cordoves

And yes.

00:21:03 Dr. Jose Cordoves

We take the children to school so that they learn to read and write and do mathematical calculations only.

00:21:10 Dr. Jose Cordoves

With that you don't compete in society and one of the great challenges in autism is the social aspect.

00:21:21 Dr. Jose Cordoves

And emotional management.

00:21:22 Dr. Jose Cordoves

Which today is proven.

00:21:26 Dr. Jose Cordoves

What are the most important characteristics to achieve success.

00:21:31 Tony Hernandez Pumarejo

Exactly and unfortunately, going to the area of education, they are not working.

00:21:39 Tony Hernandez Pumarejo

In a stronger way with those challenges and it is reality, yes.

00:21:44 Tony Hernandez Pumarejo

We would like it to be that, right? A world and an ideal world, but regrettable, but there is.

00:21:49 Tony Hernandez Pumarejo

I always tell parents that you cannot overprotect your children because there is a reality, there is a strong, difficult world out there and the reality is that you are not going to be there for life.

00:22:02 Tony Hernandez Pumarejo

It hurts that it hurts, but it is reality, here are tools and support to be able to move forward. Life at the highest capacity possible. That should be the focus. And and have a reform especially in education, not only mathematics classes that are important, of course in mathematics and that's all.

00:22:22 Tony Hernandez Pumarejo

Social skills that help you have an independent life is the key here.

00:22:27 Dr. Jose Cordoves

Yes, and some voices are going to come from there.

00:22:31 Dr. Jose Cordoves

Ideological, today there are very strong movements that run around and they are going to tell us and insult us by saying, you are ableist and we are supposed to be offended and feel indignant with that. Well, I'm going to tell you something AAA, Tony/ and all of you who are listening to me, my parents sent me to school.

00:22:55 Dr. Jose Cordoves

Why did they demand to train me?

00:22:59 Dr. Jose Cordoves

Then I went to University, why did I go to University? Ah, to train myself.

00:23:08 Dr. Jose Cordoves

I prepared myself as a teacher, for what? To train students?

00:23:14 Dr. Jose Cordoves

The human being has to be trained.

00:23:20 Dr. Jose Cordoves

Because if not, how else are we going to survive here?

00:23:25 Dr. Jose Cordoves

So yes, I am capable of pride. I think the human being.

00:23:34 Dr. Jose Cordoves

You have to train yourself in whatever it is, in whatever you are going to do in your life.

00:23:38 Dr. Jose Cordoves

Future beyond.

00:23:39 Dr. Jose Cordoves

The school, but we have all been trained because they haven't, because we are simply going to let them be like these movements say that they have zero science, nothing is pure ideology.

00:23:54 Dr. Jose Cordoves

You have to let them be.

00:23:57 Dr. Jose Cordoves

Any type of therapy, that is abuse, they say abuse.

00:24:05 Dr. Jose Cordoves

So what happens, do they catch these families?

00:24:09 Dr. Jose Cordoves

That they are just starting out on this that they are still in denial.

00:24:14 Dr. Jose Cordoves

And these voices come out there, strident and tell them no, but your son doesn't have any problem.

00:24:21 Dr. Jose Cordoves

You don't have to worry, autism is not a problem, it is a personality trait, nothing more.

00:24:28 Dr. Jose Cordoves

So, you say that to a family that is already in denial and they take that as a woe. What a relief. My son has no problem, we have to let him be and The World has to accept them as they are.

00:24:42 Dr. Jose Cordoves

Q if everyone had some version of autism.

00:24:47 Dr. Jose Cordoves

Of high functioning, perhaps because even high functioning also need to be.

00:24:54 Dr. Jose Cordoves

Treated in some areas, but with that large invisible population of compromised autism.

00:25:03 Dr. Jose Cordoves

We are going to let them be and the world must let them be if they harm themselves.

00:25:11 Dr. Jose Cordoves

That add themselves.

00:25:13 Dr. Jose Cordoves

Well, also like that, eh, we have to leave it like that, they play.

00:25:19 Dr. Jose Cordoves

They line up objects, that is the way to play, that is not games, gentlemen, that is self-stimulation, games are something else.

00:25:28 Dr. Jose Cordoves

Hey we have to.

00:25:31 Dr. Jose Cordoves

We have to start bringing science back into games.

00:25:35 Tony Hernandez Pumarejo

Yes, science and with data and facts, no?

00:25:38 Dr. Jose Cordoves

Of course not ideologies.

00:25:42 Dr. Jose Cordoves

Autism is a developmental disorder.

00:25:47 Dr. Jose Cordoves

Period and it's over, that's what it is.

00:25:52 Dr. Jose Cordoves

And, like all developmental disorders.

00:25:56 Dr. Jose Cordoves

Because he's not the only one. There are many suits, types of developmental disorder, they all need some type of intervention.

00:26:05 Tony Hernandez Pumarejo

Exactly YY doctor, I want to ask you, going along this line also because we are talking not only about the parents, but about the school, you know, he complained? That is, the school teacher can do what they can do together or in collaboration with the parents.

00:26:24 Tony Hernandez Pumarejo

To create not only an inclusive environment, but more specifically, give them the tools and supports to help students with autism. Rehearsal forward and develop regardless of what I can.

00:26:36 Tony Hernandez Pumarejo

Do together.

00:26:38 Dr. Jose Cordoves

Eh, unfortunately there is a gap.

00:26:42 Dr. Jose Cordoves

And it is special education.

00:26:47 Dr. Jose Cordoves

Their focus is on the student.

00:26:53 Dr. Jose Cordoves

Leaving aside.

00:26:55 Dr. Jose Cordoves

The family and the environment.

00:26:58 Dr. Jose Cordoves

So yes, the law requires the family to be involved in their child's educational process. However, the educational system is not, is not forced to train that family to be able to do that.

00:27:19 Dr. Jose Cordoves

Why am I going to be using it?

00:27:23 Dr. Jose Cordoves

Formats of.

00:27:26 Dr. Jose Cordoves

Use structured positive force in school.

00:27:31 Dr. Jose Cordoves

To advance some things with the student at home they also have to use.

00:27:36 Dr. Jose Cordoves

Structured positive reinforcement to follow up, but they know.

00:27:40 Dr. Jose Cordoves

Parents handle that.

00:27:44 Dr. Jose Cordoves

So it should be a responsibility of the school and the educational system, also to distract parents, but it is not.

00:27:53 Dr. Jose Cordoves

It is not.

00:27:54 Dr. Jose Cordoves

And, at least, what do I see in Puerto Rico? They invite me a lot to the Bay schools, chats, talks to parents, talks.

00:28:03 Dr. Jose Cordoves

1 hour, 2 hours.

00:28:05 Dr. Jose Cordoves

YYAnd what shocks me is that they are supposedly complying with that.

00:28:13 Dr. Jose Cordoves

So, complying with doing something with the parents in 1 hour, no one is trained.

00:28:21 Dr. Jose Cordoves

That, that's a hoax.

00:28:25 Dr. Jose Cordoves

Is there a need for training, then?

00:28:29 Dr. Jose Cordoves

When I created this course that I am mentioning to you about pedagogy in autism, I remember that the first time I offered it there was a teacher who called me and told me, you shouldn't accept parents in the course?

00:28:46 Dr. Jose Cordoves

Because they are delaying us.

00:28:51 Dr. Jose Cordoves

And I told him well, I understand.

00:28:54 Dr. Jose Cordoves

That parents are an important piece.

00:28:58 Dr. Jose Cordoves

In the lives of those children and they have to know about these things to be able to monitor themselves at home. And I told him, if you understand that you are wasting your time, I'll take it, I'll cancel the course without any problem and I'll refund your money.

00:29:18 Dr. Jose Cordoves

This one did not unsubscribe, nothing followed and.

00:29:24 Dr. Jose Cordoves

And parents are extremely important. Research says that intervention in autism has to be intensive and defines it in the number of hours between 3050 hours per week. That's not just covered in school.

00:29:43 Dr. Jose Cordoves

That is a sum between school and home.

00:29:48 Dr. Jose Cordoves

So the place is an important piece. Parents are important species, if they take care of that child, grandparents, grandparents are an important piece.

00:29:58 Dr. Jose Cordoves

It's all that therapists have, therapists have to train in autism. I'm also going to tell you something, YYY this may surprise many of you.

00:30:10 Dr. Jose Cordoves

At least here in Puerto Rico, the Psychology schools and therapy schools, meaning therapies, physical blaming speech, do not occur on the topic of autism, you know, they are not believed, they do not cover it.

00:30:28 Dr. Jose Cordoves

It doesn't cover it, I know.

00:30:31 Dr. Jose Cordoves

I work at a University, I know.

00:30:38 Dr. Jose Cordoves

He does not.

00:30:39 Dr. Jose Cordoves

Not because you are a psychologist do you know?

00:30:41 Dr. Jose Cordoves

Of autism even though he has a doctorate.

00:30:44 Dr. Jose Cordoves

Psychologists specializing in autism have incredibly had to go beyond what psychology schools teach.

00:30:57 Tony Hernandez Pumarejo

Don't know.

00:30:58 Dr. Jose Cordoves

So there are many challenges and although autism is fashionable and talked about a lot.

00:31:04 Dr. Jose Cordoves

Many of the things that many people know, that's me.

00:31:07 Dr. Jose Cordoves

There are many people who think they know.

00:31:10 Dr. Jose Cordoves

And what they know they are.

00:31:12 Dr. Jose Cordoves

Wrong concept.

00:31:15 Tony Hernandez Pumarejo

This what you mentioned now is something that many will not believe. You know that many of these professional autism specialists, even if they are not taking the training, have to go outside of the institutions to educate themselves about autism. That's a that, it's something that you have to have to have to.

00:31:33 Tony Hernandez Pumarejo

The soul well.

00:31:35 Dr. Jose Cordoves

The advantage that, for example, those who study at the therapy school at the University where I work is what many of those therapists or future therapists are doing is that.

00:31:50 Dr. Jose Cordoves

They come and do the minor concentration with me.

00:31:54 Dr. Jose Cordoves

Because our team has that program, but if the University doesn't have it, they can't do it.

00:32:04 Dr. Jose Cordoves

But not for.

00:32:07 Dr. Jose Cordoves

By default.

00:32:09 Dr. Jose Cordoves

These other professional schools do not address the issue of autism in depth.

00:32:17 Tony Hernandez Pumarejo

And that has to be talked about and we have to work.

00:32:19 Dr. Jose Cordoves

I'm talking, I'm talking.

00:32:21 Tony Hernandez Pumarejo

Have to work.

00:32:23 Dr. Jose Cordoves

Yes, because then parents confidently take their children to therapy.

00:32:29 Dr. Jose Cordoves

With a certified licensed therapist, assuming they know about autism and not necessarily.

00:32:39 Tony Hernandez Pumarejo

And that has contributed to many problems.

00:32:41 Dr. Jose Cordoves

That's a lot of problems because look.

00:32:44 Dr. Jose Cordoves

Look what I.

00:32:45 Dr. Jose Cordoves

I have stumbled upon.

00:32:46 Dr. Jose Cordoves

When does that happen?

00:32:50 Dr. Jose Cordoves

It is trying to treat autism as if it were another condition.

00:32:59 Dr. Jose Cordoves

As if it were an intellectual disability.

00:33:04 Dr. Jose Cordoves

And autism and intellectual disability are two conditions with very different natures.

00:33:13 Dr. Jose Cordoves

And they cannot be treated the same.

00:33:19 Dr. Jose Cordoves

What's going on?

00:33:21 Dr. Jose Cordoves

They become a professional actor and the most similar thing to them is an intellectual disability and they go to work on it as what they know, an intellectual disability and many mistakes are made.

00:33:36 Tony Hernandez Pumarejo

And we have the mixture of the terms of autism, AND and interactive capacity that, well, it is not known in reality, that confuses.

00:33:48 Dr. Jose Cordoves

The thing is that they are two conditions of a different nature, that is, they are intellectual disabilities.

00:33:57 Dr. Jose Cordoves

It is brought about by a structural problem.

00:34:02 Dr. Jose Cordoves

Any damage, any charge, any damage or dysfunction?

00:34:09 Dr. Jose Cordoves

Structural in the brain.

00:34:11 Dr. Jose Cordoves

Autism does not have a structural problem in the brain.

00:34:16 Dr. Jose Cordoves

There is no harm.

00:34:19 Dr. Jose Cordoves

Eh it's a neurological disorganization, but.

00:34:25 Dr. Jose Cordoves

Disorganization can be organized.

00:34:31 Dr. Jose Cordoves

The person with intellectual disabilities.

00:34:34 Dr. Jose Cordoves

Is more difficult?

00:34:37 Dr. Jose Cordoves

So what happens?

00:34:39 Dr. Jose Cordoves

The, the work in autism is.

00:34:45 Dr. Jose Cordoves

That this brain is organized as best as possible within the severity of the condition and that is why we see that people with autism, like the weight, autism in a person, when they were small, changes throughout life. , can change substantially.

00:35:07 Dr. Jose Cordoves

Even 1 of the of the of the.

00:35:12 Dr. Jose Cordoves

Let's say challenges that we have in the field of education, is when these children come with 1.1 diagnosis from the specialist that says level 3 level 3, right? He is blessed, he is severe severe autism.

00:35:29 Dr. Jose Cordoves

You won't be able to do much with it, because then...

00:35:33 Dr. Jose Cordoves

We bring the concept of severe intellectual disability.

00:35:39 Dr. Jose Cordoves

It persists throughout life, autism changes.

00:35:44 Dr. Jose Cordoves

Autism can evolve if you work well. I have seen children who have started out with autism very compromised and over the years.

00:35:57 Dr. Jose Cordoves

Be quite functional and that's the pre YY. People are surprised. Well, what happens is that I have a disorganized room.

00:36:08 Dr. Jose Cordoves

What I have to do is hang it up, of course, the result is not going to be the same because there are different levels of organization, there are some more organized in another, but autism is treatable.

00:36:24 Dr. Jose Cordoves

And the same thing changes and in the manner of cases.

00:36:26 Dr. Jose Cordoves

In wood.

00:36:27 Dr. Jose Cordoves

The cases change for the better so that their characteristics improve.

00:36:33 Dr. Jose Cordoves

So what I tell teachers in schools forget about the diagnosis you came in with.

00:36:41 Dr. Jose Cordoves

The diagnosis is important because the diagnosis is what gives you eligibility.

00:36:47 Dr. Jose Cordoves

For special education services.

00:36:51 Dr. Jose Cordoves

But be careful with what I'm going to say.

00:36:55 Dr. Jose Cordoves

The compu or the ibiri.

00:37:00 Dr. Jose Cordoves

When you are working.

00:37:03 Dr. Jose Cordoves

The individualized plan.

00:37:07 Dr. Jose Cordoves

You don't work on the diagnosis, the law doesn't say that.

00:37:12 Dr. Jose Cordoves

The law says that work is done according to the student's need, not according to the diagnosis.

00:37:21 Dr. Jose Cordoves

And that need in functional terms, those who know it are the teachers.

00:37:26 Dr. Jose Cordoves

And the parents.

00:37:29 Dr. Jose Cordoves

And based on that it should be written.

00:37:33 Dr. Jose Cordoves

The IPOP.

00:37:35 Dr. Jose Cordoves

As we say here in Puerto Rico.

00:37:38 Dr. Jose Cordoves

Based on need, not diagnosis.

00:37:41 Dr. Jose Cordoves

That's a bad concept.

00:37:47 Dr. Jose Cordoves

Special education is education specially designed to meet the particular needs of a student.

00:37:57 Dr. Jose Cordoves

Meet the particular needs of a student. Special education is not there, it is not to work on a diagnosis.

00:38:07 Dr. Jose Cordoves

Or the one who arrived.

00:38:09 Tony Hernandez Pumarejo

Well, here it is.

00:38:09 Tony Hernandez Pumarejo

Key is difference between diagnosis and need.

00:38:13 Tony Hernandez Pumarejo

Do you know, do you know the terms correctly?

00:38:15 Dr. Jose Cordoves

Not totally different.

00:38:20 Dr. Jose Cordoves

So, that's one of the strongest things, I eat.

00:38:22 Dr. Jose Cordoves

Educator I am not a clinician.

00:38:25 Dr. Jose Cordoves

Because then we live in a society and a culture where we deify clinicians, we have them deified.

00:38:37 Dr. Jose Cordoves

So when I come and say YY they ask me what is the importance of the diagnosis? The importance of the diagnosis gives a general idea of where to work with the student, if the diagnosis is good and the diagnostic process is good, which in autism is not many.

00:38:37 Dr. Jose Cordoves

So when I come and say YY they ask me what is the importance of the diagnosis? The importance of the diagnosis gives a general idea of where to work with the student, if the diagnosis is good and the diagnostic process is good, which in autism is not many.

00:38:55 Dr. Jose Cordoves

And the recommendations that come from the clinician are good that El País does not have because it is not there, the compu is not obliged.

00:39:02 Dr. Jose Cordoves

To follow the clinician's recommendations.

00:39:06 Dr. Jose Cordoves

That's that's another another.

00:39:12 Dr. Jose Cordoves

There is the IEP or the computer.

00:39:20 Dr. Jose Cordoves

It is autonomous.

00:39:24 Dr. Jose Cordoves

Make your decisions.

00:39:26 Dr. Jose Cordoves

Without the need to consult with anyone.

00:39:31 Dr. Jose Cordoves

And to listen to the recommendations of the different specialists and two centuries I took them into consideration and if you consider that it is pertinent.

00:39:42 Dr. Jose Cordoves

Yes No No.

00:39:45 Dr. Jose Cordoves

Because who really knows the student are his parents and his teachers in daily life, in life, in daily living, in the daily work of that person.

00:39:57 Dr. Jose Cordoves

Not just clinicians who had them in front of them for a couple of hours.

00:40:05 Tony Hernandez Pumarejo

It doesn't matter what you're saying Doctor Cordves.

00:40:08 Tony Hernandez Pumarejo

It is learning from these differences, a diagnosis is necessary, because this influences, impacts.

00:40:15 Tony Hernandez Pumarejo

Quality of life.

00:40:16 Tony Hernandez Pumarejo

Of that person who is entering education and is going to develop.

00:40:20 Tony Hernandez Pumarejo

It is very important to know and educate yourself. And get good advice.

00:40:25 Tony Hernandez Pumarejo

What is important, especially for parents and family and for everyone, all the people who are part of what this is, this world called autism and your experience.

00:40:37 Tony Hernandez Pumarejo

It has been unique and I thank you very much for sharing your experience. I think that you will continue to have help for parents and.

00:40:44 Tony Hernandez Pumarejo

And for our convenience, but before concluding our interview, this is a final message for the community.

00:40:53 Tony Hernandez Pumarejo

In terms of what is missing in this autism thing.

00:41:01 Dr. Jose Cordoves

Autism logically speaking, going beyond what the DSM5 says, as the manuals define it, we are going to analyze the word autism etymologically speaking, by its etymological root, autism itself means.

00:41:19 Dr. Jose Cordoves

That's what Leo Kanner saw when he first used that term with his patients. Autism means in itself. What does this mean?

00:41:30 Dr. Jose Cordoves

This means that these are people who.

00:41:37 Dr. Jose Cordoves

They do not have.

00:41:39 Dr. Jose Cordoves

Not since they were born or since you are born with autism.

00:41:44 Dr. Jose Cordoves

There you will hear many versions. And with autism the person is also going to die, that changes, there are many things that even characteristics that they can lose. But eh.

00:41:59 Dr. Jose Cordoves

It's always going to be there in some way in some aspect.

00:42:07 Dr. Jose Cordoves

This contact and this connection that a child has from birth to the things that happen around him.

00:42:18 Dr. Jose Cordoves

Why shouldn't the child with autism have it? Because autism means in itself.

00:42:25 Dr. Jose Cordoves

Is it a barrier to being able to be connected with what is happening around you, so what happens?

00:42:32 Dr. Jose Cordoves

Most of the things we learn in life we learned and we learned them.

00:42:41 Dr. Jose Cordoves

Because we were connected to what was happening in our lives, we saw, we learned, we heard, we learned and many of the things that govern the world and many of the fabric of unwritten social rules.

00:42:57 Dr. Jose Cordoves

That govern socialization and culture.

00:43:02 Dr. Jose Cordoves

We learned them by collecting them in a way.

00:43:05 Dr. Jose Cordoves

Spontaneously from the environment, without anyone teaching us.

00:43:12 Dr. Jose Cordoves

But what happens in autism? Don't they learn like that?

00:43:18 Dr. Jose Cordoves

Or it makes it more difficult for them to learn this way, so they have to be taught things directly that normally would not have to be taught directly.

00:43:30 Dr. Jose Cordovez

So that, that is the great pedagogical implication.

00:43:37 Dr. Jose Cordoves

In autism.

00:43:39 Dr. Jose Cordoves

The power is what is what to this pole, so teach him things directly that normally would not have to be taught and that we would normally take for granted.

00:43:52 Dr. Jose Cordoves

That's what everyone has to know, everyone knows that, right? Not everyone in the world doesn't know it.

00:44:00 Dr. Jose Cordoves

So it is the first great pedagogical dignity.

00:44:06 Dr. Jose Cordoves

And, from there we have to.

00:44:08 Dr. Jose Cordoves

Starting for all strategies and interventions.

00:44:16 Dr. Jose Cordoves

They exist in this population if we do not know what is the most basic.

00:44:22 Dr. Jose Cordoves

The most complex thing, we are not going to know how to do.

00:44:27 Tony Hernandez Pumarejo

It seems important to educate yourself, get good advice.

00:44:31 Tony Hernandez Pumarejo

With the right tools.

00:44:33 Tony Hernandez Pumarejo

To give them those support tools so that that person with autism can move forward and have the best independent life possible.

00:44:42 Tony Hernandez Pumarejo

And doctor, how did I come out for families who are watching this interview?

00:44:47 Tony Hernandez Pumarejo

Is it going to have an impact on those families that you have with autism, how can they contact you?

00:44:54 Dr. Jose Cordoves

Well, look, they can help me.

00:44:55 Dr. Jose Cordoves

Find on Facebook under Doctor José Luis Cordoves Avilés.

00:45:00 Dr. Jose Cordoves

I can share my phone number with you because it is already public domain 787.

00:45:07 Dr. Jose Cordoves

5902972 (7875902972).

00:45:16 Dr. Jose Cordoves

Or my my email is jcordobesavilés.

00:45:22 Dr. Jose Cordovez

jcordovesAvilés@gmail.com.

00:45:29 Tony Hernandez Pumarejo

No I go and.

00:45:30 Tony Hernandez Pumarejo

I am going to put all your information on this Dr. Cordobés, once the episode is published, such as having all those links so that his family can access and contact him.

00:45:43 Dr. Jose Cordoves

We are surely in order.

00:45:45 Tony Hernandez Pumarejo

Exactly, well, doctor de belanche, your work, as I mentioned, I am a fan of your work because you say it to the point.

00:45:45 Tony Hernandez Pumarejo

Exactly, well, doctor de belanche, your work, as I mentioned, I am a fan of your work because you say it to the point.

00:45:51 Dr. Jose Cordovez

There were also thanks.

00:45:53 Dr. Jose Cordoves

And yes and yes.

00:45:55 Tony Hernandez Pumarejo

Yes and without fear, that is, because we have to talk about it, that is, because it is impacting the lives of many families around the world, not only in Puerto Rico in the United States, I say with all these things that unfortunately.

00:46:20 Dr. Jose Cordoves

Thank you. An honor Tony.

00:46:33 Dr. Jose Cordoves

And thank you thank you.