Welcome to Adulting on the spectrum.

00:00:02 Eileen Lamb

In this podcast, we want to highlight the real voices of autistic people, not just inspirational stories, but people like us talking about their day-to-day life.

00:00:12 Eileen Lamb

Basically, we want to give a voice to a variety of autistic people and I am Eileen Lamb, an autistic author and photographer from France.

00:00:20 Eileen Lamb

And I co-host this podcast with Andrew Komarow. Hey Andrew.

00:00:24 Andrew Komarow

Hey, Eileen, I'm an autistic entrepreneur and founder of the neurodiversity index. Today our guest is Billy Mayfair. Billy is one of the top professional golfers in the United States and has been a regular on the PGA Tour since 1989. He boasts 5 PGA Tour victories and is the only player to ever beat Tiger Woods in a PGA Tour playoff.

00:00:45 Andrew Komarow

In a PGA Tour playoff.

00:00:47 Andrew Komarow

After dealing with Asperger related symptoms for most of his life, Mayfair was diagnosed in 2019 with autism.

00:01:05 Andrew Komarow

Previously, during the 2006 season, Mayfair was diagnosed with testicular cancer and underwent surgery, returning to the tour just two weeks later, along with his family, Mayfair began a nonprofit foundation tasked with providing support to those, those to both amateur and professional athletes and their families who struggle with autism related disorders thank you for joining us.

00:01:07 Andrew Komarow

00:01:10 Andrew Komarow

00:01:18 Billy Mayfair

Hey, thank you for having me on guys.
Been looking forward to it.

So we like to start our podcast off,

we ask each guest how they prefer to identify, and we don't mean he/her pronouns.

Although you're welcome to share those too, we mean person with autism, autistic, Asperger.

I don't care.

No preference.

So do you have a preference?

If so, what is it?

I'm not saying preference, but I have autism and I was diagnosed with it and it was probably one of the best things that ever happened in my life.

My wife Tammy, kind of, I want to say demanded, but pretty much told me I better go get tested by a neuro, neuropsychologist and and I did and and it changed my life.

It helped me it opened up a lot of windows to my childhood to growing up.
And now it's time to we feel we wanted to go public with this to to not just help other professional athletes but to help children and

00:02:20 Billy Mayfair

and and and grown-ups all over the world.

00:02:22 Eileen Lamb

Can you talk us that through the diagnosis?

00:02:27 Andrew Komarow

What led to your wife pushing you so much? Demanding?

00:02:30 Billy Mayfair

She she always, you know with

00:02:32 Billy Mayfair

with high, high functioning autism as well

00:02:35 Billy Mayfair

if you're around that person every once in a while, you really don’t see a big difference.

00:02:38 Billy Mayfair

It's the people who are married to that person or father or mother who see that person hour after hour, every day that you kind of see something a little bit different.

00:02:47 Billy Mayfair

And and and my wife kind of noticed it with me.

00:02:49 Billy Mayfair

I would have meltdowns.

00:02:51 Billy Mayfair

I wanted to be in dark places. I wanted,

00:02:53 Billy Mayfair

I couldn’t understand some of facial expressions for other people.

00:02:58 Billy Mayfair

Couple of months before that, before I was diagnosed, I had a problems with the PJA Tour Rules

00:03:03 Billy Mayfair

Officials. There was a ruling and I was kind of bullied.
I would think by them they didn't give me an opportunity and I didn't understand the entire ruling or the disqualification and it happened.

A lot quicker than my brain could have comprehended it.

So when we got home from that, my wife demanded that I get tested.

And I did.

And I fought her tooth and nail.

I think it, was two or three weeks before I finally went down and did it.

It was probably a couple of weeks to months before I finally sat down and read, read the diagnosis of it, but when I finally did and I and I read a lot of it, it opened up a lot of windows.

It made more sense to me why I am the type of person that I am, why I am the athlete, the elite athlete that I am, and but it also made sense why I had a hard times in school with certain teachers and not.

Others. Why I have get along so good with certain people and not others, and sometimes why I still come across as being weird or cocky or quiet that people don't understand when I think that's very normal for me.
So it opened up a lot of windows for me and as I said before and will say a few times probably

00:04:10 Billy Mayfair

You know it's something that you know everyone thinks of

00:04:13 Billy Mayfair

autism is Rain Man and that and that's not the case in this I have

00:04:16 Billy Mayfair

we have high functioning autism and like I said you don't you don't notice that if you're around that person every once in a while, but when you're around that person all the time you do so

00:04:25 Billy Mayfair

it's a learning process.

00:04:26 Billy Mayfair

I learn things every day.

00:04:27 Billy Mayfair

I learn, you know, coming on

00:04:28 Billy Mayfair

shows and talking about it to people like you.

00:04:30 Billy Mayfair

I learn more things about it.

00:04:33 Billy Mayfair

I think you do too.

00:04:33 Billy Mayfair

And it's it's

00:04:34 Billy Mayfair

I think it's such a great.

00:04:36 Billy Mayfair

Thing to give back to people and and and makes people make more sense of their entire lives.

00:04:43 Eileen Lamb

Do you, uh, are you able to share what happened with you?

00:04:47 Eileen Lamb
I'm like, very interested about the ruling and what happened on the PGA Tour you said.

Billy Mayfair

Well, it was

Billy Mayfair

it was a weird situation where TV was involved.

Billy Mayfair

They saw something on on film that I was not able to see and it ended up being a disqualification because of that.

Billy Mayfair

Although it does state in the rule book that if my eyes don't see the ball move or that particular case

Billy Mayfair

it's not a penalty, it's called the “Naked Eye Rule,” and I was bullied by the Tour.

Billy Mayfair

I was bullied by the officials on the Tour to make an impromptu

Billy Mayfair

they made a decision without my presence.

Billy Mayfair

And I didn't,

Billy Mayfair

I didn't argue back or fight back for my rights and

Billy Mayfair

it was something,

Billy Mayfair

that that when it affects your income, it affects your livelihood.

Billy Mayfair

You know you you got to get some help.

Billy Mayfair

And the blessing for us was that we went to a PGA.

Billy Mayfair


I mean, the USGA Rules Seminar afterwards, and I was correct and everything that I did.

00:05:47 Billy Mayfair
It it it just it and then got contested and all that and then then COVID hit.

00:05:50 Billy Mayfair
So it gave me a lot of time to be at home to work with my my, my neuropsychologist, to kind of help me.

00:05:55 Billy Mayfair
So it was kind of a three-step process which which which was.

00:05:58 Billy Mayfair
A blessing in in in all of it.

00:06:01 Andrew Komarow
Yeah, I I found, especially when I was working in like, you know, corporate America and nothing is like the epitome of corporate America, then the insurance industry where like.

00:06:12 Andrew Komarow
Wait, why and and wanting to know the reason behind the the rules and and the details and feeling when they’re unjust and you know.

00:06:20 Andrew Komarow
But it sounds like at least you were able to, you know, get the reason why right so.

00:06:26 Billy Mayfair
I did.

00:06:27 Billy Mayfair
I did.

00:06:27 Billy Mayfair
And as you know, you see that?

00:06:27 Andrew Komarow
Even if you didn’t agree with.

00:06:30 Billy Mayfair
Even some even sometimes when you when you see what the reason is, sometimes it just takes you a little bit of time

00:06:34 Billy Mayfair
to comprehend it and and and all that.
And that's where I felt I was bullied by the tour.

They tried to get this done and have me disqualified and get away as fast as they could.

And you know, they were wrong.

And you know, I have to look at it now that it's done. I've been diagnosed and now it's my responsibility and my job to go out and help other people help themselves too.

So they're not bullied or taking advantage.

What would you if you were diagnosed prior to that and the same situation were to happen again?

How would you handle it differently, if at all?

Well the first,

Well, I would have first of all probably been a little bit more standoffish.

I probably would have argued a little bit more.

I would have used more eye contact and I would have used I would have,
I tried to recognize their body language and their facial expressions, probably a little bit better than I did because I didn't know anything about that at the time.

00:07:34 Billy Mayfair
But I think the biggest thing is I probably would have stood more up for myself. I knew what

00:07:38 Billy Mayfair
the rules were and never would have never

00:07:41 Billy Mayfair
been belligerent or

00:07:42 Billy Mayfair
or rude or anything like that, but I would have stood my ground a lot better and not have them take advantage of.

00:07:49 Billy Mayfair
And and then and I think the biggest thing I probably just would have asked for more time, I would say hold on a second before we make this decision, let me a minute here.

00:07:56 Billy Mayfair
Let me think about this.

00:07:57 Billy Mayfair
Give me a couple of minutes and then we'll talk about it.

00:08:00 Billy Mayfair
But you got to give

00:08:00 Billy Mayfair
me a few minutes and they wanted it done and and out of there as fast as they could.

00:08:05 Eileen Lamb
Yeah, I think that's a good take away from it asking for more time. I mean, I can see that being a great tip in so many situations for children, teenagers, adults alike on the spectrum. Sometimes we just need more time to process what's happening in front of us, you know, so.

00:08:24 Billy Mayfair
And that's and I think more teachers and coaches, people are becoming aware of that.

00:08:29 Billy Mayfair
So that when you ask, hey, can you just give me a few minutes, let me think about this.
It's acceptable before if you did that, people just looked at you, that you were weird and you were trying to stall or you're trying to get away with something.

And now I think people are more acceptable.

Saying, OK, hey, yeah, if you need.

A few minutes I'll be here.

You know and and and and help the person out so that everyone walks away satisfied.

Yeah.

That seems like a reasonable request for anyone, you know, autism or not, you know, to to ask for a few minutes so.

Right.

And and and and,

and yeah, and like I said, I hope that I think the world is changing a little bit.

I, as I

Said, I think coaches and teachers and and bosses and and and and all that our our understanding that. And if someone asks for a few minutes they'll they're more than happy to because they want they don't they don't want
to conflict, they don't want to end badly.
So being a professional golfer, clearly there are things that are more difficult for you being autistic.

And would you say that there are other things that your peers and other golfers don't have to worry about that you have to worry about being on the spectrum yourself?

Well, I look at more I have sometimes more advantages having autism on the PGA Tour than disadvantages.

I was blessed that I could go out to the golf course early in the morning and be out there all day by myself and not have a problem with it.

Some people, just can't handle that.

I picked a sport where I don't need a team.

I can go out and hit golf balls and and do whatever I want all day long and I didn't mind doing that.

I think a lot of

I know some guys here who were very good golfers and just could not take the life of a PGA tour where they were on an airplane.

They were in hotel rooms by them.

Themselves and away from home, and it made them crazy.

And and fortunately they weren't able to stay on the PGA Tour because of that.
So I think my,

You were already crazy so

So yeah, I'm just kidding.

To do that job, you do have to be a little bit crazy.

There's no doubt

about that.

But you know, it kind of opened my eyes, you know it

it takes a special person to be

you know, 32, 30 weeks, 30, 32 weeks out of the year in a hotel room pretty much by yourself. And it's a lonely life and.

people turn on the TV and they see the guy finish on Sunday and make $1,000,000 and you know the celebration.

Oh, what a great life. They don't. You don't get to see the other 148 guys who are struggling at the time.

So it's just like any other job.

There's good times, there's bad times and you know, you just have to deal with a lot of situations.
Eileen Lamb  
So was beating Tiger Woods the best moment of your career?

Eileen Lamb  
And if not, which one was it?

Billy Mayfair  
Well, it's the one I'm the most asked about that that's for sure. That was this October was no February, this February was 25 years.

Billy Mayfair  
They've been 25 years since I've beaten him and they really there's not a day that doesn't go by where someone doesn't tell me about it or talk to me about it or we don't discuss it.

Billy Mayfair  
So you know, it's 25 years. So I mean, I and I'm the only one and unfortunately I might end up being the only one because I don't know how much Tiger is going to be able to play and be able to compete anymore.

Billy Mayfair  
But you know, I I I it was a great thrill for me.

Billy Mayfair  
I loved the fact that I won the golf tournament. I

Billy Mayfair  
think that was probably the most important thing Tiger was not what Tiger is now by any means, I think he only won one other tour, had not even won a major yet, so people weren't too sure about him.

Billy Mayfair  
But I think the greatest thing was that Tiger and I have a very mutual respect for one another.

Billy Mayfair  
We don't talk very much, him and I, but was a very professional.
And you know, I've got to get a little story.

00:12:07 Billy Mayfair

We were at a tournament one time and we were all in the players dining room.

00:12:10 Billy Mayfair

He came and sat next to my wife.

00:12:12 Billy Mayfair

Tammy and I and.

00:12:13 Billy Mayfair

And said, do you mind if I sit here with you guys?

00:12:15 Billy Mayfair

We said no.

00:12:15 Billy Mayfair

He goes well

00:12:16 Billy Mayfair

You know, Billy, you're the only one I can't intimidate out here.

00:12:18 Billy Mayfair

So you know it it's great that I beat him in a playoffs and all that, but I think.

00:12:23 Billy Mayfair

The friendship that.

00:12:24 Billy Mayfair

We got for the, for the the camaraderie especially we're both in.

00:12:27 Billy Mayfair

The PAC 12 too.

00:12:29 Billy Mayfair

You know, he helped our friendship too.

00:12:32 Eileen Lamb

That's so great to hear, you know, because we don't see that side of uh, professional golfing or any sports.

00:12:39 Eileen Lamb
You know, we only see what we see on TV.

00:12:41 Eileen Lamb
So I I don't.

00:12:41 Billy Mayfair
It is hard and and for him, I mean for the the amount of media, the amount of people that want his time.

00:12:47 Billy Mayfair
All day, when he's in the locker room, he's at the hotel.

00:12:50 Billy Mayfair
That's his only free time.

00:12:51 Billy Mayfair
And and when you see him that way, he's he's a little bit of a different person, but he definitely turns it on when he's on that first tee, there's.

00:12:59 Billy Mayfair
no doubt about that. So.

00:13:02 Andrew Komarow
And how how do you get ready?

00:13:04 Andrew Komarow
How do you prep for a tournament?

00:13:08 Billy Mayfair
I I go pretty,

00:13:09 Billy Mayfair
it's funny and it has, you know, and this is another thing.

00:13:11 Billy Mayfair
When I the way I would you know I would be very I got up in plenty of time.

00:13:15 Billy Mayfair
I get sure that I I.

00:13:16 Billy Mayfair
Stretch real good.
In the morning I eat certain foods.

00:13:19 Billy Mayfair

In the morning.

00:13:21 Billy Mayfair

If we have an afternoon late afternoon tea time, I won't go to bed until you know wee hours of the morning so that I can wake up at the same time and give myself the same time schedule and and that something to do with my autism.

00:13:32 Billy Mayfair

And that was something that that I never thought about until I was diagnosed.

00:13:37 Billy Mayfair

And one of the things I do I don't like to drive.

00:13:40 Billy Mayfair

Fast to the golf course, I want to give myself plenty of time.

00:13:44 Billy Mayfair

I'm not saying I'm going to drive under the speed limit, but I'll just take my time.

00:13:47 Billy Mayfair

And if there's an accident or or someone's being a jerk or or, or if there's at the tournament a hard time to get in through the gate or something, I always would allow myself enough

00:13:55 Billy Mayfair

time not to stress out about missing my tee time.

00:13:58 Eileen Lamb

Sounds like someone preparing to go through security at the airport.

00:14:02 Billy Mayfair

At the airport.

00:14:03 Billy Mayfair

Well, you should see how early.

00:14:04 Billy Mayfair

We get to the airports to go to the

00:14:05 Billy Mayfair

TSA.
Yeah, it's, it's pretty early, so.

Luckily, I can say I haven't missed too many fights in my day, but you know, I always like to give myself plenty of time.

I'll say yes,

let's leave it this I go.

Let's, let's leave at this time to my wife.

And she says that's early, I say yes.

I feel like there there's like two types.

There's like people who show up like 2 hours early, and then there's the people who are who, who don't, and they they usually marry each other so.

But yeah.

Well, that's kind of that's kind of ours.

You're right.

I mean, Andrew, you're absolutely right.

We're opposites.
And I think that's very important to mention.

**00:14:42 Billy Mayfair**

That helps help the relationship, helps a marriage, and if you had two people that were the same way, I think it'd be a lot harder to to function.

**00:14:54 Eileen Lamb**

Do you have any tips for children who might want to start golfing?

**00:14:59 Eileen Lamb**

When did you start?

**00:15:00 Billy Mayfair**

My dad, my dad actually would go up to Prescott, AZ in the summer time and and he put a cough covering my hand when I was about three years old.

**00:15:06 Billy Mayfair**

And and we just hit some balls on the range and as I kind of grew, I used to do a lot of swimming.

**00:15:12 Billy Mayfair**

I was a pretty good swimmer in the state of Arizona and and I would swim on Monday nights and then play golf on Tuesday.

**00:15:18 Billy Mayfair**

Well, I swam.

**00:15:19 Billy Mayfair**

I would get a ribbon.

**00:15:20 Billy Mayfair**

I finished second.

**00:15:21 Billy Mayfair**

I got a I got a red ribbon and all that stuff.

**00:15:23 Billy Mayfair**

I finished, finished second in golf tournament.

**00:15:25 Billy Mayfair**

I got a trophy, so off was a lot more fun because I wanted that trophy over those ribbons.

**00:15:32 Billy Mayfair**

Plus, I think it was too
I mean, swimming was the same way I could go to the pool and swim laps and swim laps and and didn't have to have anybody around me or a team.

Golf was the same way I'd go out to the golf course and ship and pop and hit balls go out and play and be out there all day and and just love doing what I did.

And I love competition.

I love playing on the tour.

I love the fact that on every Thursday morning or Friday morning on the tour we all start even no matter what you did the week before, we all start dead even and it's a whole new week and a whole new tournament and it's not like, you know, baseball.

These other sports you always you know, if you lost your last game, you're this many games behind in golf, you could have lost by 100 shots in the week before, but you start dead even come Friday or Thursday or Friday morning.

Do you play mini golf?

No, not not.

Not anymore.

No, I'm
I'm kind of like the race car drivers

They won't make.

They won't make a left.

They don't want everyone to make.

A right hand

Turn I don't ever want to play miniature golf.

It would, it would.

They would mess up my golf game.

I never, I never.

I never one of those putting greens, those artificial turf greens in my backyard, because I just, you know, if I'm going to go practice and go hit balls, I'm going to go to the golf course and and that's one I could never figure out why I would want to.

Why would I want a putting green in my backyard?

Does it make really a big difference?
The green on the golf course and like if you do and the grain in a practice?

00:16:55  Billy Mayfair
Well, yeah.

00:16:56  Billy Mayfair
I mean, it's the most of the

00:16:57  Billy Mayfair
greens you have in your backyard are artificial turf.

00:16:59  Billy Mayfair
So no matter how much sand or how you condition them, you can make them however you want.

00:17:03  Billy Mayfair
It's still not grass and it's still not what you do on the golf course.

00:17:06  Billy Mayfair
So, but to me it's it's one of those when I

00:17:09  Billy Mayfair
leave the golf

00:17:09  Billy Mayfair
course I put the clubs in the car and and I'm done with golf until the next day.

00:17:13  Billy Mayfair
I don't ever want to bring it home.

00:17:14  Billy Mayfair
I'm not one who puts in the room or swings in the room or or stuff like that.

00:17:19  Billy Mayfair
I get back to the hotel or to the house and I put him away and I don't see him till the next day.

00:17:24  Eileen Lamb
Do you,

00:17:24  Eileen Lamb
well, do you practice when you're not in a tournament season?

00:17:27  Eileen Lamb
Is there a tournament?
Yeah, yeah, we're home this week right now and I'll go out.

You know, just about every day and and hit some balls or or put or play.

With some friends around here.

But I stay active.

I mean, I'll take a few days off here and there, but I I like to practice and play when I'm home.

So fun fact, as you you know, I work at a Autism Speaks as the Director of Mocial media and our CEO, Keith Wargo, says that you're one of his favorite golfers.

What do you think of?

Oh, that's awesome.

That's awesome.

That's awesome.

Well tell him, thank you and I appreciate
that, and I had a nice note from a child who was diagnosed with autism a few weeks ago and and he said I’m his favorite golfer because of my autism.

So those are those are the things you get in the mail and and you know you know you're doing the right thing by helping people.

When did you make your diagnosis public?

Well, we had, we were tested in November of 19 and after yo know it took.

about six months, almost a year, and and for me to read it, to accept it and and we, my wife and I made the decision to go public with it because, well, one that the PGA Tour was not accepted in autism as as any type of disability or anything like that.

But it was just more we realized they were with, we were they were athletes out there, professional athletes that probably had autism that needed that we thought could we could help them.

And we also saw the the help that needed to be by the families who, who, children or athletes who have autism, their their families and and and needed help too.
And that's what

00:19:07 Billy Mayfair
kind of kind of got Tammy and I into doing our foundation.

00:19:11 Andrew Komarow
Really like that

00:19:12 Andrew Komarow
It's not just autism too.

00:19:13 Andrew Komarow
We've had a few other we've had a football player, right?

00:19:18 Andrew Komarow
Eileen, we've had have,

00:19:21 Andrew Komarow
Have we had a basketball player?

00:19:22 Andrew Komarow
I feel like they're.

00:19:23 Eileen Lamb
No, Tony Snell just came out with the autism diagnosis, but he's not on our podcast.

00:19:34 Billy Mayfair
Well, you know it, it's

00:19:35 Billy Mayfair
and when you go around, I I had a I was up in in Flint, MI a year ago and and a bunch of kids who had autism.

00:19:42 Billy Mayfair
I had a group of them come out and watch me play one day and I was unaware that they were out there and out there and I met them after the round and and to meet the kids and to talk to them and show them that you can have a you can do anything you want to do.

00:19:53 Billy Mayfair
You have a normal life.

00:19:54 Billy Mayfair
You can be a professional
00:19:55 Billy Mayfair
athlete, a golfer.

00:19:56 Billy Mayfair
You can be a professional businessman.

00:19:58 Billy Mayfair
Firemen for policemen.

00:20:00 Billy Mayfair
Whatever you want to do, the world's,

00:20:01 S Billy Mayfair
you know, there's no limitations.

00:20:03 Billy Mayfair
Just because your autism, I think open their eyes.

00:20:06 Billy Mayfair
But to also stand back behind them and watch their parents get a smile on their face and kind of a relief, kind of like hear someone finally helping us and telling them they can do that made me really think with Tammy and I to to help

00:20:19 Billy Mayfair
the siblings because honestly, there's just isn't enough help out there for them.

00:20:25 Eileen Lamb
Yes, that's that's true.

00:20:26 Eileen Lamb
I'm a I have two autistic children and I'm on the spectrum myself.

00:20:31 Eileen Lamb
So yeah, all of my life.

00:20:33 Eileen Lamb
And we do need other community.

00:20:35 Eileen Lamb
And you know what they say?

00:20:36 Eileen Lamb
It takes a it takes a village.

00:20:38 Billy Mayfair
That's right.

00:20:39 Billy Mayfair
Well, God bless you all.

00:20:40 Billy Mayfair
It's it's that's it's it's a true statement, yes.

00:20:46 Eileen Lamb
Do you had anybody?

00:20:48 Eileen Lamb
reach out to you after your diagnosis.

00:20:50 Eileen Lamb
That's not like a fan or like, did anybody you play with maybe reach out after your diagnosis?

00:20:57 Billy Mayfair
I yeah, I I've had a lot of special

00:20:59 Billy Mayfair
i've had I had.

00:21:00 Billy Mayfair
A gentleman who was.

00:21:01 Billy Mayfair
I think 58, 9 years old.

00:21:03 Billy Mayfair
He was a professional writer.

00:21:06 Billy Mayfair
He wrote for a lot of newspapers, all that back in New York, and he read my article and went and got diagnosed and wrote me a nice note and thanked me for having me do that, having, you know, having me tell my story.

00:21:18 Billy Mayfair
So that he would do it because he always felt that there was just something not right there.
And then after he was diagnosed, it helped him a bunch. But I've actually almost gotten more notes from grown-ups that maybe I have children because I think that grown-ups, you know, they've had this condition their whole life and they're unaware of it.

And then all of a sudden, at age 40, 50 years old, I had heard a note from a woman who just got diagnosed with who's 70 some odd years old and it's like, you know, it rejuvenated her life, because now they started making more sense and she was able to do some things and understand why things went the way they did sometimes. And and and that's the blessing and that's why I've encouraged people to go get diagnosed.

Wow, 77, that's such a cool story.

Yeah, yeah.

And in fact, she lives in Palm Springs, and she came out and actually came out and met.

I met her during the tournament and didn't.

know the whole story and maybe she went diagnosed, got diagnosed, I think after that.

That's right. Who was after that? So I mean, 77 year old woman and you know that's when you know what? When you when you try to reach out and help people that when you do find someone like that, it's it's really a blessing.

What else do you like to do other than golf, if anything at all?
Billy Mayfair

Drive my wife nuts, no.

Andrew Komarow

Not at least.

Billy Mayfair

We, we, we, I love the bowl.

Billy Mayfair

I do a lot of bowling. I love animals. I try to help some charities around here and there all over in Oklahoma and Arizona for for charities, for for animal foundations and all that.

Billy Mayfair

You know, any sport, anything right now is is a year round sport.

Billy Mayfair

And and even though we're in the offseason, I'm still preparing, working out and doing things.

Billy Mayfair

But one of my favorite things I love to do is sitting on my recliner and watch TV and that's, you know, that's, you know.

Billy Mayfair

That's OK.

Billy Mayfair

It how I

Billy Mayfair

That's the way that

Billy Mayfair

I self soothe my brain.

Billy Mayfair

And it wasn't until I was diagnosed that I realized it was OK to sit on that sofa and and and and watch the TV for a few hours.

Billy Mayfair

And you know, to calm down, that's the way that I calm down.

Billy Mayfair
That's that's the way I do it.

00:23:28 Billy Mayfair

So I'm, I'm.

00:23:29 Billy Mayfair

I feel OK when I

00:23:30 Billy Mayfair

do it now.

00:23:32 Eileen Lamb

We all need it, yeah.

00:23:34 Andrew Komarow

So is there any place that do you have a social media where we can find you?

00:23:39 Andrew Komarow

This is the place to promote yourself or or anything else that you would like to share?

00:23:45 Billy Mayfair

Well, we can talk to Steve obviously on the line there, but it's mostly billymayfair.org and that tells everything about what we're trying to do and the foundation and all that.

00:23:53 Billy Mayfair

And as you know and I know it is, it can be a slow process sometimes with all this and then all the stuff you have to do, but it's on billymayfair.org and you know we're we're taking it one day at a time and then.

00:24:07 Billy Mayfair

Trying to help one one person at a time and

00:24:10 Billy Mayfair

you know, thank you for having me on it and doing this because it makes it people aware of it.

00:24:14 Billy Mayfair

And as I'm finding out more and more and more people hear about it and talk about it, the more they start thinking about things and and want to get diagnosed or or to help their children or something like that.

00:24:24 Billy Mayfair

And and that's who we're out here. For, we're here to help other people with this.
Eileen Lamb

I'm going to ask you some quick fire questions. Basically, the first answer that comes to your mind.

Billy Mayfair

OK.

Eileen Lamb

What's your favorite animal?

Billy Mayfair

Dog

Eileen Lamb

Happy glamour or Caddyshack?

Billy Mayfair

Caddyshack

Eileen Lamb

Your favorite actor.

Billy Mayfair

Kevin Costner.

Eileen Lamb

Favorite food?

Billy Mayfair

Pizza

Eileen Lamb

And favorite color.

Billy Mayfair

Lavendar.

Eileen Lamb

Wow, that's so pretty.

Eileen Lamb

Love that answer.
Andrew Komarow

Are you watching Yellowstone?

Andrew Komarow

Wasn't one of the questions, but just a side note from you, you know.

Billy Mayfair

Well, yeah, I have watched Yellowstone. My cousin makes all the jeans for you. His own business here up in the north. Here and and. So we've watched Yellowstone, Kevin. I got to know I've I've. I've met Kevin a few times. We were on the sets here for Tin Cup.

Billy Mayfair

So I've always been kind of a Kevin Costner fan because I've got to spend some time with him, but I have we have

Billy Mayfair

watched Yellowstone, but

Billy Mayfair

more, it's just to see the jeans.

Billy Mayfair

It sounds funny, but to watch the jeans and then the actual movie so.

Eileen Lamb

Uh, well, that's it for us.

Eileen Lamb

But thank you so much for joining us today.

Billy Mayfair

Well, hey, thank you for having me on and thank you for what all you guys do and and and and getting the word out and and spreading it around and and helping people understand better the the the diagnosis and and all that.

Billy Mayfair

So thank you so much.

Andrew Komarow

Thank you.

Billy Mayfair

00:25:04

00:25:05

00:25:08

00:25:27

00:25:34

00:25:35

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00:26:02

00:26:03
OK.