

# Adulthood on the Spectrum: My Experience with ABA as an Autistic Adult

## **Andrew M. Komarow**

Welcome to "Adulthood on the Spectrum," I'm Andrew Komarow, autistic certified financial planner, I co-run "Adulthood on the Spectrum," with Eileen Lamb. Hey Eileen.

## **Eileen Lamb**

Hey everyone! I'm Eileen Lamb. And in this podcast we want to highlight real voices of autistic adults, not just inspirational stories, but real people talking about their boring life. Basically, we want to give a voice to people like us.

## **Andrew M. Komarow**

Today, our guest is Chloe Rothschild. Chloe is a young adult with autism who is on a mission to advocate and teach others about autism from her perspective. Chloe is one of the co-authors of "My Interception Workbook for Teens, Adolescents and Adults." She also serves on the Arc of the United States National Board, and the Ohio Center for Autism and Low Incidence also known as OCALI, advisory board. Chloe works as a teacher's aide at an autism school three days a week when Chloe is not presenting or working, she enjoys spending time with her friends & family, participating in adaptive ice skating, and dog agility for individuals with autism. So, one of the first things that we like to ask our guests is how they prefer to be identified. She her and also if you have an identity language preference person with autism, autistic, etc.

## **Chloe Rothschild**

She, her and either is fine with the other I don't care.

## **Eileen Lamb**

Okay, so you posted an anonymous blog, anonymous blog on Autism Speaks, as someone who receives ABA. Why did you post anonymous then? And why are you comfortable sharing your story publicly, now? We did offer you anonymity initially if you wanted to, but you said it was fine.

## **Chloe Rothschild**

Because when I wrote that blog, I wanted to share my voice and my story about ABA. Specifically my experience with it as an adult with autism. But a huge part of me was pretty fearful of what people might say, because I've seen it. And because this topic is such a sensitive one in the autism community. I was trying to protect myself from hateful comments in conflict. I know that those comments can be hard for me to read. So I was trying to prevent it. But after I posted that blog, I saw more and more being said about ABA. And I kind of couldn't be anonymous anymore, because I just was so moved to tell my story and how it has positively impacted me in I feel that's important. And I've

been asked to participate in other projects, etc. And I just decided that this being anonymous thing wasn't gonna last. So we might as well just end it. .

**Eileen Lamb**

I think it's so brave that lets you did that because I know how hard it can be to be on social media or reading those comments. So. So thank you.

**Chloe Rothschild**

Welcome. Thank you for posting about Charlie and ABA. I think that's what really got me going.

**Eileen Lamb**

Oh that's, that's good to hear. I love your perspective, because you know, you're the one you're the adult and you're in ABA, and you can tell it from your first-person perspective, which is, you know, a criticism we hear a lot on social media is like, I don't want to hear from the parent, I want to hear from the person doing ABA. And that's what you have to give. And that's why I really love your story. And I'm so happy you you're sharing it.

**Andrew M. Komarow**

Now, I am somebody who has never been to ABA. I don't have a child who has been through ABA and trying to understand it. I've seen you know, two sides I've seen complicated medical terminology. I think I got like a short book I tried to read when I was diagnosed to try to figure it out. I couldn't understand it that well. And that's one side. And side two is it tortures gay conversion therapy, you know, meant to make an autistic act neurotypical. And, but that doesn't necessarily explain what it is. So can you explain what ABA is? From your perspective?

**Chloe Rothschild**

Yeah, from my perspective, it's definitely not trying to fix who I am. It's trying to make it so that I can live life to the fullest and be the most successful that I can be. It's not trying to fix or cure me at all. In my experience. My BCBA and I have even talked about masking. She takes my concerns pretty highly and we talk about them. Um, so, for me, I kind of consider like, a lot of the strategies that are used in ABA are used in everyday life, even for those that aren't autistic, for example. Reinforcement, well, when you work, you get paid. If you do something hard, chances are you may treat yourself to coffee if you're having a hard day or whatnot. So just like reinforcements used in ABA, it's used for those without autism and the antecedent behavior and consequence. That's used regardless. It's just the way of life.

**Eileen Lamb**

Yeah, I agree with you. And I think that's something a lot of people don't realize that ABA is everywhere, like a lot of our interactions in our daily life are not ABA based, but are something that you would see in ABA, you know, like smiling at someone is, in a way, like a positive reinforcement. And that's what's used in ABA. So you have been receiving ABA services for many years. And however,

you were an advocate before beforehand, can you tell us what you felt you knew about ABA before receiving it?

**Chloe Rothschild**

Yeah, I'm not super sure on this one. But I know, I knew it could be helpful, but that it could also be controversial. After I couldn't school aid services, I wanted a team who knew what they were doing. And I know sometimes adult services can be a little rocky. Um, so and I wanted someone who knew autism, so I didn't school age services from an autism charter school, which had a BCBA on staff, I spent two and a half years there. I didn't always agree with everything. But I learned a lot. And I think he did too, in my mind an autism clinic meant they may understand a little better. And my ABA clinic is also a direct support service provider for the waiver in my state and my county for those with disabilities. So when I started, I worked on life skills, and social skills, things like that. So my parents and I met with the BCBA. It just clicked, it felt like it was the place for me. I felt like she got it after discussing with her, etc. I also love this staff I work with, they're open to hearing my voice and opinions, and my autistic identity is respected. And I think it's important to note that I'm doing this, because I love learning and making progress. I come home from the clinic or finish working with the therapist, and I'm so happy and I look forward to them coming.

**Eileen Lamb**

That's amazing to hear.

**Chloe Rothschild**

And I'm someone who was traumatized from a summer camp experience. So I think it's just important that we recognize that it can happen anywhere. And the individuals and their caregivers and guardians need to really look for signs that something's not right. And if something's not right, they need to take action. Like if the clinic won't let you observe pre-COVID and won't let you be involved. That should be a red light that something's wrong.

**Eileen Lamb**

What other red flags? Can you see?

**Chloe Rothschild**

If the individual comes home with marks and bruises, if plans are not being followed. Lack of communication. Um, those are just some that I can think of off the top my head, a therapist who's always on their phone, things like that. And I think it's important to note that there, it can be a clinic or a therapist, that doesn't work for your family. But that's not just with ABA, that's with any kind of therapy or any kind of anything.

**Andrew M. Komarow**

So how do you feel about the neurodiversity movement? And Eileen and I were having, especially a lot of conversations about this over the past week, more so than even usual. And, you know, do you think that you know, One can be positive about being autistic, you know, choose to see the positives, yet at

the same time, you know, admit they need support, it seems like there has to be one side. And I feel like they're not mutually exclusive. Like, I can say that I see some parts of the strength. And you know, I want to and I'm positive about, you know, myself and neurodiversity, but at the same time, you know, I definitely, you know, need support, too. And it's not all perfect. It's not the world's fault for being unable to accommodate me, right?

**Chloe Rothschild**

Yeah, I feel like, um, the world has a society and society have a long way to wait way to go in terms of support. And I, but I also feel like, and I'm grateful that I've been able to see it grow over the years, because when I was younger, there was next to nothing. Um, I'm sure there was some, but it was, it couldn't have been great. Um, but I think for sure one can be positive. I think one can be positive about being autistic, and still realistic, and get any support. It's not wrong to ask for help. After all, needing help, and support is very human. In nature, right? All humans need support of some kind, to succeed, live, love their best life and flourish. This isn't about fixing who one is, but it's about helping individuals be successful in getting whatever support they may need to do so. It's not not about changing them. And it shouldn't be about changing them if it is. And whatever support this may be. Let's not judge for what the individual and their team or their parents choose. Instead, we should just be supportive. I mean, if people don't ask our opinion, we shouldn't give it.

**Eileen Lamb**

Yeah, that's, if you don't have anything nice to say.

**Chloe Rothschild**

Just don't say it.

**Eileen Lamb**

Right? Yeah, on social media, that's a hard rule to apply. But yeah, that would be ideal.

**Chloe Rothschild**

I have a friend who told me one thing like, don't read the comments, just don't.

**Eileen Lamb**

I know, its so hard.

**Andrew M. Komarow**

That's something that's easier said than done.

**Chloe Rothschild**

Yes its so hard. Like, oh, no, even when I wrote that blog, anonymously, I'm so guilty of still looking at the comments. So it really didn't matter that I published anonymously, because it defeated the purpose.

**Andrew M. Komarow**

And this wasn't one of our questions. But are there any comments that stuck out to you like, a positive or negative?

**Chloe Rothschild**

Not specifically. Um, I haven't looked back on it. But I will say like, as I've shared my story, and more like, um, people have been, even if they don't agree, I'm glad that we can respectfully disagree, and that they can at least agree on the fact that I'm just telling my personal story. I'm not taking sides for the whole world here. Because I'm one person, and I can't change everything.

**Eileen Lamb**

Yeah, that's exactly how it should be. You're telling your story, you're talking for yourself, you're not speaking for the entire community. And you don't, you know, you don't claim you are and, you know, if everyone was able to do what you do tell their own story without trying to speak on behalf of the entire community, I think it would be a lot nicer. But unfortunately, we're not there.

**Chloe Rothschild**

And I think we also need to accept that things change with time. And it's no longer 1980s or 1990s. We're in 2022. And things are changing in a wide variety of fields. And we have to be open minded to forgiving some things that happen in in the past. And I know it's hard if you've been the one traumatized by it. But that's not what I'm talking about. I'm talking about those who haven't been.

**Eileen Lamb**

Yeah. And then a lot of people who haven't been in ABA, have very strong opinions about it.

**Chloe Rothschild**

I mean, I've seen people or parents or whoever posted that they think ABA should be illegal.

**Eileen Lamb**

It's torture.

**Chloe Rothschild**

Yeah, dog training, torture. And that stuff was hard to hear. And I will say I've repeated back to my BCBA you're the good ABA, right? Not the dog training. And it's so hard to even know that. I know that and that I have to hear and read that although one would think when I see the trigger warning, and it says ABA, I just keep scrolling. But that's totally not me.

**Eileen Lamb**

So you're involved with some great organization we're talking about OCali before and National Arc board. How does being involved with Arc impact your autism advocacy? Also, can you tell people what it stands for?

**Chloe Rothschild**

Well, we actually just go by The Arc. And we help individuals and their families with intellectual and developmental disabilities. But we are not an acronym now. And we have not been an acronym for at least the two to three years that I've been on the board.

**Eileen Lamb**

I didn't know that.

**Chloe Rothschild**

Yeah.

**Andrew M. Komarow**

And that's because the acronym used to stand for something that you know, but things have changed, right, organizations can change. Right?

**Chloe Rothschild**

And I think they have and I will say, I am not the only individual with a developmental disability on their board.

**Eileen Lamb**

Okay, Andrew just told me what, uh, what it used to be.

**Chloe Rothschild**

Yes. Now, do you know why it's not that?

**Eileen Lamb**

Oh, okay.

**Andrew M. Komarow**

Sorry. It was almost a trick question to Eileen, because I don't think she knew. So. But the, you know, The Arc. I mean, it may be it's part of, you know, the advocacy of like you on the board, I've seen some other good. I've seen them sharing and doing lots of really great work. It really seems like, but, you know, as you mentioned, you know, the Ark has a lot of, you know, intellectual developmental, again, it's a it's a, there's more range of disabilities. So you're seeing a, what's called, like, a wider range, do you think that influenced your perspective on support individuals might need?

**Chloe Rothschild**

Honestly, I think my perspective is a unique one that was kind of just kind of came about how I was raised. And from the beginning, I've been friends with individuals with various disabilities, and I know individuals who need a various range of support. And that's just been how it is. And in my mind, that's just how it works. Like, I don't think I know it any different.

**Eileen Lamb**

Can you tell us about the negative experiences you've had with ABA? And what actions were taken to make things better? Like you were talking earlier about masking and how you know, you're upfront with your BCBA, and all of that.

**Chloe Rothschild**

So yeah, so not really negative. But one time staffing didn't work. So we fixed it. The same thing with how a situation was handled, but it wasn't immediately fixed in a plan was written up immediately. My BCBA, hears my parents, and I and values my opinions. And I'm really grateful for that. I just like change. And so sometimes I can be apprehensive. But I need to be pushed outside my comfort zone. So sometimes, it I may really dislike it at first, but eventually when we get the right tools and supports and accommodations in place, I usually end up turning around and doing okay, when that doesn't happen. We think to ourselves, how can we make this better? Um, I mean, misunderstanding sometimes can happen, or communication errors, but sometimes some of that's light. Um, we've adjusted and changed programs and added tools and supports as needed and listened to what I've had to say and compromised. Were teaching me how to say, hey, I need more support today, or can we compromise? So that's something that that might be BCBA really values teaching me and understands.

**Andrew M. Komarow**

Now, now, what I mean you I mean, like, so let's say me, right, or just like, you know, an individual so you were diagnosed when you were younger, like you said, you didn't know any difference. And I mean, on one hand, I didn't know any different. But then I kind of learned it. There's definitely a different experience, you know, being diagnosed as an adult versus younger. And when you're diagnosis as an adult, you're looking for a community, you know, who's like you. And there was recently somebody I respected who was who said, but I never see anything positive about ABA. Right? And they said, I've never spoken anyone who had a positive experience. And, you know, there was a smart, you know, professional woman. And so why do you think there is so little, you know, easy to read, like one of my first questions, information about ABA, you know, out there, why is it, you know, an adult is diagnosed, and, you know, the only information they find is negative, if there are positives to it?

**Chloe Rothschild**

I think some of it has to do with the fact that, um, when that a lot of individuals did it when they were younger. In right now, a lot of times when we think of ABA, we tend to think, as this is as a society, preschool or early intervention. So that would mean that these individuals received it so long ago, and I feel like maybe different approaches, maybe then what work are being done, now, we're done, therefore, it's more negative. And some, some of these adults who's had positive experiences, may not write about it may not be able to write about it, etc. So for a variety of reasons. And yeah.

**Andrew M. Komarow**

Well, we appreciate you, we know how hard it was to be able to speak about it, to be able to write about it, and be able to talk for the people who, you know, can't or, you know, uhm find it very difficult.

**Chloe Rothschild**

I think maybe not many people have done it as an adult yet, because I will say, it's super hard to find a provider who knows how to work with adults or who's even willing to work with, with adults in our, in my town, my BCBA her Mom and Pop clinic is the only one and it's not, it was not what she really started doing. But now she has three adults that she supporting.

**Eileen Lamb**

That's so cool.

**Chloe Rothschild**

And it kind of began with me, but, um, I love that she's doing it because it was much needed. We have three or four programs that support under the age of six, or one that supports up into the teens, but we there is no ABA program, locally. Besides her little clinic, I can only support so many individuals that will consider supporting an adult, which is kind of hard.

**Eileen Lamb**

Yeah, no, you're right. And it's, I feel like in big cities, for instance, where I am in Austin in Texas, there are so many ABA providers, but I hear from some of my followers or like in smaller cities. And it's like incredibly hard to find a place and then to find a good place. And then to find a place without, you know, a two year waiting list basically, in some of these...

**Chloe Rothschild**

But I will say that for adults, like my experience finding a play on occupational therapists took two years for someone who would work with an adult. So I, it's not just ABA that's hard to come by. It's anything because after pediatrics at this point, we are not yet in a place where we realize that individuals with autism still need the similar support to when they were younger at a time when their world is like changing the most.

**Eileen Lamb**

Yeah, I think that's something that's we should advocate advocate for, you know, more accessible therapies for adults.

**Chloe Rothschild**

Yeah, and doctors, I mean, individuals with autism deserve health care.

**Eileen Lamb**

Yeah, we do. We sure do.

**Chloe Rothschild**

And health care that is quality and someone that understands not someone who you walk in and they're completely clueless.

**Eileen Lamb**

So here's one of my my concerns about ABA. It's that, you know, we see ABA everywhere, right? Yeah, it's not going away. But I'm afraid that all of the nice people are, you know, and the caring individual are seeing all that being said on on social media, and that they are just not gonna want to choose a career in ABA because of everything they see. They see. And you know how ABA is torture and this or that. And I feel like as a community, we're in danger of creating a self-fulfilling prophecy, meaning like, we're going to make that happen. And he's how we're acting towards ABA.

**Chloe Rothschild**

That makes sense. And I also worry about the messages that we may be sending to families who are newly diagnosed or individuals who may be thinking about ABA, because now we have them scared of it. But I also think that many different protocols can be used when doing ABA. It's not a one size fits all, necessarily.

**Eileen Lamb**

It's not definitely.

**Andrew M. Komarow**

So how can we bring the community closer together? The way I feel is a therapy that has obviously helped you when I'm working with clients, again, financially, you know, I talk about what something does for somebody, not what something is. The three of us were in a, a group together for some research, something unrelated. And I believe somebody in the group was not, I had a belief that they would not have been a fan of ABA. And when you explained it, you're like, Oh, the person, thought, that makes sense. You know, so I think it's, you know, how do we get over what something's called, versus, you know, what something does for you, because that should matter more than the acronyms. But you know, Medicaid and insurance, don't share in those opinions, right? We can't, it's not as simple to just change that, as I'm sure you know, with a lot of the advocacy work that you do.

**Chloe Rothschild**

Well some of this, sometimes you have to play the name game, to get what you need covered. And it's sad, it shouldn't be that way. But I don't care what it's called. But if it's helpful, I want to cover it. And it it's unfortunate to me that other other things that help individuals with autism and other therapeutic approaches like floor time, or I'm trying to think of some of the others Floor Time, Teach, The Play Project may not be covered under insurance and likely aren't. But like, one person can't really change that. Um, but I just think the service area is changing, though maybe and I just want people to give whatever may help their loved ones a chance and be on the lookout. Advocate but also give things a chance for perhaps something may help support them and change their lives positively. And it may not and don't be afraid to say I'm done. It's not working. And this is for any kind of therapy for

whatever it's called. As a parent and or self-advocate. Don't hesitate to be involved. In fact, please be involved.

**Eileen Lamb**

It's one of the best advice you can give parents-be involved. You know, if you see something you don't like, speak up, if you see something you like, you know, communicate it so it keeps happening.

**Chloe Rothschild**

If you see something you don't like and you don't speak up. It's gonna keep happening.

**Eileen Lamb**

Yeah. And I'd seem so simple, right, but it's really, really important. Why don't you tell us some things that ABA has helped you with?

**Chloe Rothschild**

Um, ABA has helped lessen my amount of interruptions. It really helped pick up the pieces after the COVID pandemic getting me back what waiting in lines in in the community and when we teach me to wait, we did not expect me to sit there still. It was okay if I played with a toy or two toys. In fact, one of my favorite pictures that one of the therapists took is me. And I think it's actually the one that we used that that I used for the blog I wrote but it's me with two my little ponies on top of a Trix cereal box, and I was acting out some script with the ponies but guess what that day, I waited 10 minutes to have my, my groceries ran up. So we don't expect it to be done in a typical way, whatever typical means, but just whatever it can be. We're working now on strategies for seperation. I've worked on leisure skills, and broadening the things I like, but that or try, but that doesn't mean that we take away what I like or what I choose. Like, last week, I chose to work for the Laugh and Learn Fisher Price Lantern. And we're okay with that. But we have also exposed me to things like origami. What else have we got? Latch hooking, other , other things like that, too. So I have the exposure in should I ever want to strike up a conversation with someone on that topic. Um, but we respect what I like we've also worked on conversational skills and things and things like that. I'm trying to think what else we've flexibility. When I first started this journey I was if something changed, it was not okay. If they move, the table. It, it was I would point it out to you. Recently, they moved the mailboxes and at the clinic. And literally, I think it may be one of the first pieces of furniture or toy that's been moved, that I did not comment about in seven years. And some of it's been finding a way to communicate and get the point across me for example, if I'm really upset having a whole conversation with me, what will not work, but if you say is, is this a Box 1 or a Box 2 issue, chances are I will tell you Box 2, all I can control my own behavior. Because we have just drilled Box 1 and Box Two into my brain to that point where it's something I understand.

**Andrew M. Komarow**

Question for you. So you've been advocating for I mean, a long time.

**Chloe Rothschild**

10 years.

**Andrew M. Komarow**

That's a long time.

**Chloe Rothschild**

I know.

**Andrew M. Komarow**

And you've been also, again, you you've known well before that, right? And

**Chloe Rothschild**

I've received special education since I was like four and a half.

**Andrew M. Komarow**

So how do you feel about you know, somebody who's recently diagnosed as of, you know, a week ago, maybe a couple months ago, who then starts making Tik Tok videos or YouTube channel or, you know, start to quote, advocate for autism. Do you think there should be a what I consider like a waiting period where, you know, when somebody is newly diagnosed, they should find somebody like you and learn from someone like you because, yes, they've been autistic their whole life, but they still have a lot to learn?

**Chloe Rothschild**

I kind of feel like and some of us it's just kind of a way I am but the more the merrier. And welcome aboard come be a part of the community but that we all need to be a part of a community we can't just take over.

**Andrew M. Komarow**

Yeah, and what advice could you give to somebody to help them? You know, maybe they don't feel like they're taking over? How can they be a part of the community?

**Chloe Rothschild**

Connect with others who are on social media. Connect with others who have been advocating in,

**Andrew M. Komarow**

Like the Facebook group "Autism and Inclusivity." Right, Chloe? That's sarcasm. I'm totally joking.

**Eileen Lamb**

Can you tell people I mean, that's optional. But if people want to find you on social media, if you tell them?

**Chloe Rothschild**

So. I did not think this through very hard and maybe you know how to change it because you just did. We'll talk later but I'm on Facebook as Chloe Rothschild and it's a public figure page and I'm in a black shirt. Again, it's a page, not a public profile. Mm. Because I named them the same thing without thinking. Yeah, I mean, it makes sense. That's the same with me. My pages is Eileen Lamb on Facebook and my personal profile is Eileen Lamb too. So I get it. Yeah, well, nothing like presenting for a group of 500. And then you have like, all these friend requests. Yeah. I'm also on Instagram. I'm gonna have to look it up because I just made a public account this weekend.

**Andrew M. Komarow**

We can put the links in the podcast episode, so don't worry about that. And I'm no

**Chloe Rothschild**

And I am no, I am not as good as Eileen on social media like not even close.

**Andrew M. Komarow**

So nobody is

**Chloe Rothschild**

It's Chloe Fidget Finds.

**Andrew M. Komarow**

I like it.

**Chloe Rothschild**

Well, part of it happened to because, oh, I also have a website, ChloeRothchildASD.com. But I'm kind of awful at updating the website. So there's that.

**Eileen Lamb**

I feel you.

**Chloe Rothschild**

I'm part of the Fidget, came to be because I love YouTube as I'm sure your kids do to Eileen. And I started watching and loving people shopping for fidgets people doing vintage challenges people testing the challenges in my dad said to me like, Why are these people the ones reviewing these fidgets? When literally, I've used the fidget for the past at least 20 years. And so, I finally started reaching out to some companies like hey, can I try this for you? Like if we want to test your ability man, I will tell you like it's only a matter of time before this guy gets broken. But this guy I don't think there's a way that I can break them.

**Eileen Lamb**

You're an expert and I think it's a good

**Chloe Rothschild**

I'm sure you I'm sure you've seen it with Charlie some of them he can bust.

**Eileen Lamb**

Oh, yeah, some in like 30 minutes and

**Chloe Rothschild**

Yeah, like 30 minutes in there's goo everywhere

**Eileen Lamb**

Yeah, super hard to clean. Yep. Yep, that's all

**Chloe Rothschild**

You need to check out Form Alive. Play Visions sent me some and I was super into it. It reminds me of one of them messy activities that Charlie would like.

**Eileen Lamb**

Form Alive?

**Chloe Rothschild**

Form Alive. And it comes in different colors. And it's like a foamy texture but it kind of like basically it like moves,

**Eileen Lamb**

You know what's I have it. I have one downstairs that's unopened and that I haven't opened yet because I was I didn't know if it was gonna get everywhere or what

**Chloe Rothschild**

It could get everywhere. But do you have one of those like sensory tray things?

**Eileen Lamb**

Yeah, we used to we don't anymore. But yeah,

**Chloe Rothschild**

Okay. They even have them like I think mine came from like Michaels. But you're probably not going to get him to contain it in there.

**Eileen Lamb**

(Laughs) no.

**Chloe Rothschild**

One thing I tried that was super messy is Pluffly. It's by the people who make Playfoam it literally got every were everywhere. Like everywhere.

**Eileen Lamb**

Was it fun?

**Chloe Rothschild**

Not not fun, fun enough. But this Foam Alive was super easy clean up.

**Eileen Lamb**

That's good.

**Chloe Rothschild**

But then again, I kept it on the tray, which I know he wouldn't do

**Eileen Lamb**

A good idea for you for your, your page. You should have several criteria when you review toys like yeah, to clean yes, no and durability. You know that and for each toy that will help people and then you can, okay, I'm getting spirit technical. But yeah,

**Chloe Rothschild**

That would be super cool. Except I don't have like the executive functioning skills to do that.

**Eileen Lamb**

All right time for the quickfire questions. So I'm going to ask you a question and you tell me the first answer that comes to your mind. What is your favorite food or drink?

**Chloe Rothschild**

Cupcake?

**Eileen Lamb**

If you could be any animal fictional or real, what would you choose and why?

**Chloe Rothschild**

Unicorn, because they are magical.

**Eileen Lamb**

I had a feeling. What is your special interest?

**Chloe Rothschild**

Um, this one is hard since, autism or Disney Frozen maybe? I definitely like Frozen but I could definitely talk to you autism like all day.

**Eileen Lamb**

What's your favorite,

**Andrew M. Komarow**

Is Elsa autistic?

**Chloe Rothschild**

I don't know. I've read some of that. But yeah, I don't know.

**Eileen Lamb**

You have a favorite quote or saying and what is the quote and who said it?

**Chloe Rothschild**

Ah, that not that I can quote fire or maybe the one that I had a doctor told me that when I reached outside my comfort zone is one the best things happen but that was that wasn't the exact quote or I don't know what it was.

**Eileen Lamb**

Thats good though. Yeah, we'll take it. Well, Chloe, thank you so much for joining us today was amazing talking to you. And I you know it's brave. To do it with your name.

**Chloe Rothschild**

Remind me when the remind me of that when the comments come out.

**Eileen Lamb**

Oh yeah, we will.