

10 Ways the Autism Response Team Can Help

1. When you don't know where to start:

The Autism Response Team (ART) is specially trained to connect people with autism, their families and caregivers, as well as professionals, to information, tools and resources. Call, email or chat online at autismspeaks.org.

2. Find local services:

Do you need help finding local autism service providers in your area? ART can help you access the Autism Speaks Resource Guide, our online national database of service providers and resources searchable by state and zip code.

3. Learn the signs:

Are you concerned your child has a developmental delay? Trust your instincts and contact ART to learn how to connect with local *Early Intervention* resources. Early intervention services can make extraordinary differences in your child's development.

4. Find the right tools:

Contact ART to learn more about our Tool Kits! Autism Speaks Tool Kits provide information, timelines, strategies, and more on many topics relevant to the autism community. Examples include the *Challenging Behaviors Tool Kit*, *School Community Tool Kit*, *Special Needs Financial Planning Tool Kit* and more! Visit autismspeaks.org/tool-kit.

5. Newly diagnosed children:

Learn how to make the best use of the first 100 days after receiving a diagnosis! Families who have a child that has been diagnosed with ASD in the last 6 months can call ART to request a complimentary copy of our *100 Day Kit for Young Children* or for *School Age Children*.

6. Know your child's rights:

Looking for more information on your child's educational rights? Contact ART to learn more about the rights and entitlements of children and adults with autism. Resources are also available to help you prepare for your child's IEP meeting.

7. Stay informed:

ART can help you locate a wide variety of autism-related resources on our website. Resources are searchable by age group and topic, and cover everything from the first developmental concern to employment in later adulthood.

8. Parent support:

Sometimes managing the day-to-day challenges of living with autism is overwhelming and can be isolating! Today, it is estimated that 1 in 54 children is diagnosed with autism in the United States. Contact ART for help connecting with other families affected by autism.

9. Transition to adulthood:

Wondering how to start planning for your child's future? Contact ART to learn about our Transition Tool Kit and other resources to explore as you and your child with autism begin to plan for adulthood.

10. Adult services:

Connecting adults with autism to support services, resources and information is a priority for Autism Speaks. Contact ART for more information on local resources for adults with autism, including employment and housing information.